

December 2016

Monday	Tuesday	Wednesday	Thursday	Friday
	<p>*Indicates Appointment or RSVP Required</p>	<div style="border: 1px solid black; border-radius: 15px; padding: 10px;"> <p>Encinitas Senior Center 760-943-2250 760-943-2258 lunch reservation 1140 Oakcrest Park Drive Encinitas, CA 92024 www.EncinitasParksandRec.com</p> </div>		
<p>5 Pickleball Open Play 5867 8:00AM Qi Gong 5997 8:30AM Computer Tutoring 5866 9:00AM Watercolor & More 6929 9:00AM Line Dancing - Beginning Level 1 6113 9:00AM Gentle Yoga 6107 10:00AM Exercise with Carl 6121 10:30AM Health Barre 6148 10:30AM Beginner's Yoga 5879 11:15AM Pilates Mat Class 6162 12:15PM Silver Age Yoga 6594 2:00PM Bereavement Support Group 5520 2:30PM</p>	<p>6 Yoga for You 6216 8:30AM Fun Sway 6291 9:00AM Yoga for Peace and Vitality 6249 10:00AM Zumba Gold 6242 10:30AM Current Events 5517 1:30PM</p>	<p>7 Pickleball Open Play 5870 8:30AM Gentle Yoga 6256 8:30AM Computer Tutoring 5866 9:30AM Encinitas Happy Feet 6484 9:45AM Tai Chi Chih - Beg./Intermediate 6263 10:30AM Stamp Club 5536 10:00AM Ukulele - Beginning 6270 1:00PM Ukulele - Intermediate 6277 2:30PM</p>	<p>1 Qi Gong 6363 8:30AM Health Barre 6305 8:30AM Computer Tutoring 5866 9:30AM Fun Sway 6298 10:00AM Yoga for Peace and Vitality 6370 10:00AM Mah Jong 5509 12:30PM Party Bridge 5510 12:30PM Duplicate Bridge 5506 12:30PM Computer Tutoring 5866 1:00PM Italian Conversation 5521 1:00PM</p>	<p>2 Yoga for Every-Body 6405 8:30AM Line Dancing - Beginning Level 2 6377 9:00AM Scrabble 6778 9:00AM HICAP* 9:30AM Blood Pressure Clinic 10:30AM Love to Sing 6384 10:30AM Tai Chi Chih - Intermediate 6576 10:30AM Tai Chi Chih - Beginning 6391 12:00PM Computer Tutoring 5866 1:00PM Yoga Therapy 6642 1:00PM Writing to Heal 6777 1:00PM Pickleball Open Play 5869 1:30PM</p>
<p>12 Pickleball Open Play 5867 8:00AM Qi Gong 5997 8:30AM Computer Tutoring 5866 9:00AM Watercolor & More 6929 9:00AM Line Dancing - Beginning Level 1 6113 9:00AM Gentle Yoga 6107 10:00AM Exercise with Carl 6121 10:30AM Health Barre 6148 10:30AM Beginner's Yoga 5879 11:15AM Pilates Mat Class 6162 12:15PM Silver Age Yoga 6594 2:00PM Bereavement Support Group 5520 2:30PM</p>	<p>13 Yoga for You 6216 8:30AM Fun Sway 6291 9:00AM Sittin' and Knittin' 5431 10:00AM Yoga for Peace and Vitality 6249 10:00AM Zumba Gold 6242 10:30AM Current Events 5517 1:30PM</p>	<p>14 Pickleball Open Play 5870 8:30AM Gentle Yoga 6256 8:30AM Computer Tutoring 5866 9:30AM Encinitas Happy Feet 6484 9:45AM Tai Chi Chih - Beg./Intermediate 6263 10:30AM Ukulele - Beginning 6270 1:00PM Drawing Made Easy and Fun 6633 2:00PM Ukulele - Intermediate 6277 2:30PM</p>	<p>15 Qi Gong 6363 8:30AM Health Barre 6305 8:30AM Computer Tutoring 5866 9:30AM Fun Sway 6298 10:00AM Yoga for Peace and Vitality 6370 10:00AM Blood Pressure Clinic 10:30AM Mah Jong 5509 12:30PM Party Bridge 5510 12:30PM Duplicate Bridge 5506 12:30PM Computer Tutoring 5866 1:00PM Italian Conversation 5521 1:00PM</p>	<p>16 Yoga for Every-Body 6405 8:30AM Line Dancing - Beginning Level 2 6377 9:00AM Scrabble 6778 9:00AM Tai Chi Chih - Intermediate 6576 10:30AM Love to Sing 6384 10:30AM Tai Chi Chih - Beginning 6391 12:00PM Computer Tutoring 5866 1:00PM Yoga Therapy 6642 1:00PM Writing to Heal 6777 1:00PM Pickleball Open Play 5869 1:30PM</p>
<p>19 Pickleball Open Play 5867 8:00AM Qi Gong 5997 8:30AM Line Dancing Beginning Level 1 6113 9:00AM Computer Tutoring 5866 9:00AM Watercolor & More 6929 9:00AM Gentle Yoga 6107 10:00AM Exercise with Carl 6121 10:30AM Health Barre 6148 10:30AM Beginner's Yoga 5879 11:15AM Silver Age Yoga 6594 2:00PM Bereavement Support Group 5520 2:30PM</p>	<p>20 Yoga for You 6216 8:30AM Fun Sway 6291 9:00AM Yoga for Peace and Vitality 6249 10:00AM Current Events 5517 1:30PM</p>	<p>21 Pickleball Open Play 5870 8:30AM Gentle Yoga 6256 8:30AM Computer Tutoring 5866 9:30AM Encinitas Happy Feet 6484 9:45AM Book Club - 5514 1:00PM Ukulele - Beginning 6270 1:00PM Drawing Made Easy and Fun 6633 2:00PM Ukulele - Intermediate 6277 2:30PM</p>	<p>22 Qi Gong 6363 8:30AM Computer Tutoring 5866 9:30AM Fun Sway 6298 10:00AM Yoga for Peace and Vitality 6370 10:00AM Elder Law & Advocacy * 10:00AM Mah Jong 5509 12:30PM Party Bridge 5510 12:30PM Duplicate Bridge 5506 12:30PM Computer Tutoring 5866 1:00PM Italian Conversation 5521 1:00PM Cooking 'Round the World 6610 3:00PM</p>	<p>23 Yoga for Every-Body 6405 8:30AM Line Dancing - Beginning Level 2 6377 9:00AM Scrabble 6778 9:00AM Tai Chi Chih - Intermediate 6576 10:30AM Tai Chi Chih - Beginning 6391 12:00PM Computer Tutoring 5866 1:00PM Yoga Therapy 6642 1:00PM Writing to Heal 6777 1:00PM Pickleball Open Play 5869 1:30PM</p>
<p>26 Pickleball Open Play 5867 8:00AM Computer Tutoring 5866 9:00AM Watercolor & More 6929 9:00AM Beginner's Yoga 5879 11:15AM Silver Age Yoga 6594 2:00PM Bereavement Support Group 5520 2:30PM</p>	<p>27 Yoga for You 6216 8:30AM Fun Sway 6291 9:00AM Yoga for Peace and Vitality 6249 10:00AM Sittin' and Knittin' 5431 10:00AM Current Events 5517 1:30PM</p>	<p>28 Pickleball Open Play 5870 8:30AM Gentle Yoga 6256 8:30AM Computer Tutoring 5866 9:30AM Encinitas Happy Feet 6484 9:45AM 50+ Singles Club 5500 10:30AM Ukulele - Beginning 6270 1:00PM Drawing Made Easy and Fun 6633 2:00PM Ukulele - Intermediate 6277 2:30PM</p>	<p>29 Qi Gong 6363 8:30AM Computer Tutoring 5866 9:30AM Yoga for Peace and Vitality 6370 10:00AM Fun Sway 6298 10:00AM Mah Jong 5509 12:30PM Party Bridge 5510 12:30PM Duplicate Bridge 5506 12:30PM Computer Tutoring 5866 1:00PM Italian Conversation 5521 1:00PM</p>	<p>30 Yoga for Every-Body 6405 8:30AM Line Dancing - Beginning Level 2 6377 9:00AM Scrabble 6778 9:00AM Tai Chi Chih - Intermediate 6576 10:30AM Tai Chi Chih - Beginning 6391 12:00PM Computer Tutoring 5866 1:00PM Yoga Therapy 6642 1:00PM Writing to Heal 6777 1:00PM Pickleball Open Play 5869 1:30PM</p>