

# EXPLORE



PARKS, RECREATION  
AND CULTURAL ARTS



**FALL 2024 - ACTIVITY GUIDE**  
**PACIFIC VIEW ARTS CENTER - OPENS AUG 13**

# Welcome

CONNECT WITH US!

## **City of Encinitas Parks, Recreation and Cultural Arts Department**

Phone: (760) 633-2740  
Fax: (760) 633-2626  
505 S. Vulcan Avenue  
Encinitas, CA 92024  
Email: [prca@encinitasca.gov](mailto:prca@encinitasca.gov)

### **Hours**

Monday - Thursday, 8am - 5pm  
Friday, 8am - 4pm  
Closed alternating Fridays

### **Youth Commission**

Meets the first Wednesday of every month (September - June), 4:30pm

### **Senior Citizen Commission**

Meets the third Tuesday of every month (no meeting in July and December), 2:00pm

### **Commission for the Arts**

Meets the first Monday of every month (no meeting in July), 5:00pm

### **Parks and Recreation Commission**

Meets the third Tuesday of every month (no meeting in December), 5:30pm

***Visit [EncinitasCA.gov](http://EncinitasCA.gov) for City Commission Information***

## **Encinitas Community & Senior Center**

Phone: (760) 943-2250  
Fax: (760) 943-2262  
1140 Oakcrest Park Drive  
Encinitas, CA 92024

### **Center Hours**

Monday - Friday, 8am - 8pm  
Saturday, 8am - 5pm  
Sunday, 12 - 5pm

## **Pacific View Arts Center**

Phone: (760) 943-2160  
380 West F Street  
Encinitas, CA 92024  
Website: [PacificViewArtsCenter.com](http://PacificViewArtsCenter.com)  
Email: [PVAC@encinitasca.gov](mailto:PVAC@encinitasca.gov)

### **Center Hours** *Beginning 8/13*

Tuesday - Thursday,  
Saturday & Sunday 10am - 3pm

# FALL 2024

## PROGRAMS

Arts at Pacific View Arts Center	8-21
Tiny Tots	22-24
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## PROGRAM FEES

The cost of each course in this Activity Guide is listed in the details with the course description. In addition, please account for any applicable fees listed below.

### Youth & Adult

Non-resident Program Cost Up to \$100	+ \$15
Non-resident Program Cost \$101 - \$200	+ \$20
Non-resident Program Cost \$201 and up	+ \$25
ActiveNet Transaction Fee	+ \$2.90

### Adult 50+

Non-resident	+ \$3.00
Resident ActiveNet Transaction Fee	+ \$1.00
Non-resident ActiveNet Transaction Fee	+ \$2.90

**Credit Card Transaction fees will be charged @ 3.66%**

**See page 42 for complete registration guidelines including IMPORTANT policies and fee changes for registration, transfers and cancellations.**

### ESPAÑOL

Para obtener información en Español sobre nuestros programas, por favor no dude en llamarnos al (760) 633-2740. ¡Estamos aquí para ayudarle!

## Youth Scholarships

The City of Encinitas offers financial assistance for youth programs to Encinitas Residents who meet income requirements. Please contact the Parks, Recreation and Cultural Arts Department office at (760) 633-2740 for more information.

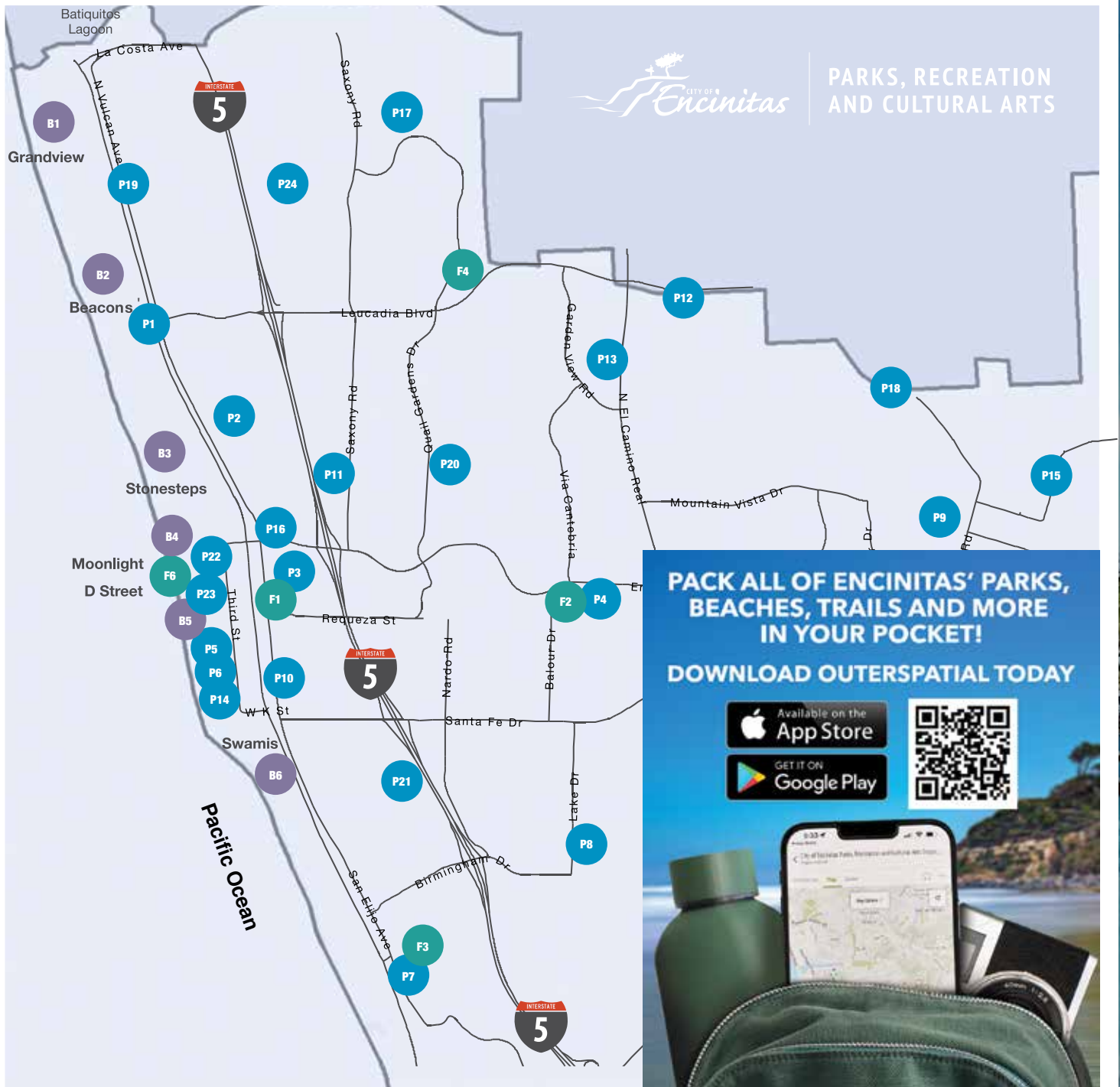
### PROGRAM ACCOMMODATIONS

The City of Encinitas Parks, Recreation and Cultural Arts Department is committed to providing inclusive programs and opportunities to increase individual potential for full and active participation in all activities and experiences. Requests for accommodations will be considered on a case-by-case basis.

If you require an accommodation, or need further information concerning inclusive or specialized recreation and accommodation for a city program, please contact us with at least 72 hours notice before the activity date. To request accommodation or for additional information, please email [prca@encinitasca.gov](mailto:prca@encinitasca.gov) or call (760) 633-2740.

SITE	FACILITY NAME	TRAIL HEAD	PLAYGROUND	PICNIC PAVILION	BATHROOMS	OFF-LEASH HOURS	DOG PARK	OCEAN VIEW	BASKETBALL	VOLLEYBALL	BASEBALL	SOCCER	TENNIS	PICKLEBALL	HORSE SHOES	BOCCE BALL	SKATE PARK	EQUESTRIAN	BBQ GRILL	ADA ACCESSIBLE	TABLE TENNIS	ADDRESS
<b>PARKS</b>																						
P1	Leucadia Roadside Park																					860 North Coast Hwy 101
P2	Orpheus Park		X	X		X		X												X		482 Orpheus Ave
P3	Encinitas Viewpoint Park		X			X		X												X		56 East D St
P4	Oakcrest Park	X	X	X	X				X						X	X				X	X	1219 Encinitas Blvd
P5	H Street Viewpoint							X												X		498 H St
P6	I Street Viewpoint							X												X		498 I St
P7	Glen Park		X	X	X			X	X	X			X		X					X	X	2149 Orinda Dr
P8	Cardiff Sports Park		X	X	X				X		X	X								X	X	1661 Lake Dr (8am - 9pm)
P9	Wiro Park	X	X	X																X	X	2232 El Camino Del Norte
P10	Mildred MacPherson		X					X	X											X		1045 South Vulcan Ave
P11	Paul Ecke Sports Park				X						X	X								X		278 Saxony Rd (8am - 11pm)
P12	Scott Valley Park		X						X	X										X	X	1602 Willowhaven Rd
P13	Leo Mullen Sports Park	X	X	X	X				X		X	X								X		951 Via Cantebria
P14	J Street Viewpoint							X												X		398 J St
P15	Little Oaks Equestrian Park	X		X														X				2879 Lone Jack Rd
P16	Cottonwood Creek Park	X	X	X	X				X				X	X						X	X	95 North Vulcan Ave
P17	Hawk View Park	X	X																	X		1309 Blue Heron Ave
P18	Sun Vista Park	X	X	X		X														X		2011 Avenida La Posta
P19	Leucadia Oaks Park		X						X	X						X				X	X	1511 North Vulcan Ave
P20	Las Verdes Park	X	X	X																X		1390 Paseo De Las Verdes
P21	Encinitas Community Park		X		X		X				X	X					X			X	X	425 Santa Fe Dr (Facilities 8am - sunset)
P22	Moonlight Beach Park	X	X		X			X		X			X	X						X	X	400 B St
P23	Moonlight Beach Overlook							X												X		400 Moonlight Lane
P24	Olympus Park		X	X			X		X					X			X			X		701 Olympus St
<b>CITY OFFICES AND FACILITIES</b>																						
F1	Encinitas Parks, Recreation and Cultural Arts Department Offices				X															X		505 South Vulcan Ave 760-633-2740
F2	Encinitas Community and Senior Center	X			X			X	X	X				X						X	X	1140 Oakcrest Park Dr 760-943-2260
F3	Scout House Facility at Glen Park				X			X												X		2149 Orinda Dr 760-633-2740
F4	Encinitas Ranch Golf Course	X			X			X												X		1275 Quail Gardens Dr 760-944-1936
F5	Encinitas Library Computer Lab				X															X		540 Cornish Dr 760-943-2260
F6	Pacific View Arts Center				X			X												X		380 West F St 760-943-2160
<b>BEACHES</b>																						
B1	Grandview Beach							X														1700 Neptune Ave
B2	Beacon's Beach							X														948 Neptune Ave
B3	Stonesteps Beach							X														350 South El Portal
B4	Moonlight Beach			X	X			X		X										X	X	400 B St
B5	D Street Beach							X														450 D St
B6	Swami's Beach				X			X												X		1298 South Coast Hwy 101

# PLACES TO PLAY IN YOUR CITY



PACK ALL OF ENCINITAS' PARKS,  
BEACHES, TRAILS AND MORE  
IN YOUR POCKET!  
DOWNLOAD OUTERSPATIAL TODAY

Available on the  
**App Store**

GET IT ON  
**Google Play**



## FOR YOUR INFORMATION

Park hours are dawn to dusk except for permitted events or unless stated otherwise. Beach parking and amenities hours are 5am - 10pm. Beach is closed 2am - 4am. No glass containers or polystyrene food containers allowed at City parks, beaches and trails. All parks are available on a first-come, first-serve basis. Special Event and Facility Use Permits are available for select locations. For complete details on all of the City's parks, beaches, facilities and recreational trails, visit [www.EncinitasParksandRec.com](http://www.EncinitasParksandRec.com) or call the Parks, Recreation and Cultural Arts Department at (760) 633-2740.

# FACILITY RENTALS

Discover diverse venues for every occasion!



- Banquet Hall
- Literacy Lab
- Gymnasium
- Conference Room
- Community Room
- Meeting Rooms
- Dance Studio
- Courtyard
- Kitchen



## BIKE AND E-BIKE RESOURCES

If you ride, or are considering riding an e-bike in and around Encinitas, please take the time to learn what's allowed, what the applicable laws are and follow guidelines and recommendations for riding safely.

Visit [www.EncinitasCA.Gov/Ebikes](http://www.EncinitasCA.Gov/Ebikes) to find information and resources for safe cycling.

### Community Cycling Bike/E-Bike Safety & Skills Class (ages 10 and up\*)

Under the direction of a League of American Bicyclists Certified Instructor, you will learn the rules of the road and practice essential bike riding skills. Learn where to ride, best practices, emergency maneuvers, and legal rights and responsibilities. The three-hour class is broken up into three parts: lecture, skills drills, and a guided road ride to put your new skills into action! Class content applies to both regular and e-bikes. Make sure your bike is in good working order and ready to ride. Some cycling experience is required as this is not a "learn-to-ride" class.

Encinitas residents will receive a refund of registration amount after completion of the course (\$2.70 ActiveNet system processing fee is non-refundable). \*If under 16, parent registration and participation is strongly encouraged. For participants 12 and under, parent registration and participation required. For info and to register, visit [www.EncinitasCA.gov/Ebikes](http://www.EncinitasCA.gov/Ebikes).

Classes generally held 3rd and 4th Saturdays of each month from 9am-12pm. Visit [www.EncinitasCA.Gov/Ebikes](http://www.EncinitasCA.Gov/Ebikes) for course dates and additional information. Instructor: San Diego County Bicycle Coalition



# MOVIE IN THE PARK



# SCOOB!

## SATURDAY, OCT 19

Activities begin at 5:30pm - Movie starts at dusk  
Come early with your low back chairs, blankets and picnic.  
Enjoy crafts and spooky activities. Costumes encouraged.

Location: Glen Park | Questions? (760) 943-2250

This is a FREE community event with the support of our sponsors:



THIRD ANNUAL

# DAY OF THE DEAD

FRIDAY, NOVEMBER 1 - 3:30 6:30PM

FREE ALL AGES CELEBRATION COMMUNITY OFRENDA THROUGH NOV 3



ART PROJECTS  
(WHILE SUPPLIES LAST)

OFRENDA WORKSHOP

PRINTMAKING

POETRY

SUGAR SKULL DECORATING

PERFORMANCES

MARIACHI & BALLET FOLKLÓRICO



## AT THE ENCINITAS LIBRARY

540 CORNISH DRIVE, ENCINITAS.CA.GOV/ARTS, 760-633-2746

This is a FREE community event in partnership with:





Whether you want to

**CREATE**

a variety of artforms,

**EXPLORE**

new ways to be inspired, or

**CONNECT**

with a vibrant arts community,

come find where you belong

**AT THE NEW  
PACIFIC VIEW  
ARTS CENTER**

in historic downtown Encinitas

**REGISTER** [PacificViewArtsCenter.com](http://PacificViewArtsCenter.com)

**ATTEND** Tue, Wed, Thu, Sat & Sun, 10am-3pm

**ARRIVE** 380 West F Street, Encinitas 92024

**CONTACT** [PVAC@EncinitasCA.gov](mailto:PVAC@EncinitasCA.gov), (760) 943-2160



**OPEN HOUSE  
AUGUST 6 & 10  
10AM-3PM**

**CLASSES START  
AUGUST 13**



## ADULTS

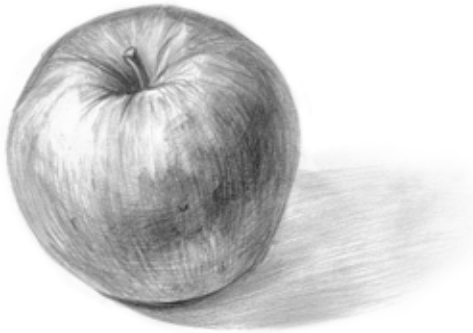
### Drawing (All Levels)

Build strong fundamental drawing skills and develop a good understanding of conceptual approaches to making art in a way that fosters each artist to have their own approach and style.

Instructor: Mikey Kettinger  
Location: Pacific View Arts Center

Date	Time	Day	Fee	Course
8/15 - 9/19	10 - 11:30am	Th	\$120	14681
9/26 - 10/31	10 - 11:30am	Th	\$120	14901
11/7 - 12/19*	10 - 11:30am	Th	\$120	14918

\* No class 11/28



### Intermediate Drawing

Learn to create a balanced composition from three-dimensional forms with an emphasis on line, design, shape, form, value, perspective, light, shadow, and rendering volume in composition using charcoal and lead pencils.

Instructor: Judy Salinsky  
Location: Pacific View Arts Center

Date	Time	Day	Fee	Course
8/13 - 9/24*	1:30 - 3pm	Tu	\$150+	14693
10/1 - 11/5	1:30 - 3pm	Tu	\$150+	14911
11/12 - 12/17	1:30 - 3pm	Tu	\$150+	14912

+ \$40 materials fee is due to instructor at the first class

\* No class 9/10

### Guided Somatic Drawing (ages 15+)

Dive into self-discovery with the somatic approach that combines body awareness with creative expression. With eyes closed, you'll draw intuitively, focusing on physical sensations rather than creating an image. This process can help release tension, explore emotions, and gain a deeper understanding of yourself. All are welcome, no artistic or prior experience is necessary. All materials are included.

Instructor: Robin Burgin  
Location: Pacific View Arts Center

Date	Time	Day	Fee	Course
8/17	11am - 12:30pm	Sa	\$110	14716
9/28	11am - 12:30pm	Sa	\$110	14708

### Figure Drawing

Whether just learning to draw, or already proficient in the human form, this uninstructed session referencing a live clothed model is the perfect opportunity for artists to hone skills. Model will shift poses with varying long and short durations. No instruction or materials provided for this session. Easels and chairs available.

Uninstructed  
Location: Pacific View Arts Center

Date	Time	Day	Fee	Course
9/1	12 - 3pm	Su	\$15	15006
9/4	10am - 1pm	W	\$15	15010
10/2	10am - 1pm	W	\$15	15011
10/6	12 - 3pm	Su	\$15	15007
11/3	12 - 3pm	Su	\$15	15008
11/6	10am - 1pm	W	\$15	15012
12/1	12 - 3pm	Su	\$15	15009
12/4	10am - 1pm	W	\$15	15013

### Watercolor and More

Learn about the fundamentals of design, the importance of line work and drawing, color mixing and color theory, brushwork and blending, and fun techniques for abstraction and expression. No previous experience is necessary, all skill levels are welcome.

Instructor: Amy RedFeather  
Location: Pacific View Arts Center

Date	Time	Day	Fee	Course
9/3 - 10/1	10:15 - 11:45am	Tu	\$120	14639
10/8 - 11/12	10:15 - 11:45am	Tu	\$144	14902
11/19 - 12/17	10:15 - 11:45am	Tu	\$120	14903



## Oil Painting and Color Theory

Ideal for absolute beginners or intermediate students, this class introduces fundamentals of oil painting, including tools, materials, and techniques. Emphasis will be on painting from observation through still life or reference material. A limited palette will be used to explore color theory. BRING: Tote for supplies and paper towels.

Instructor: Judy Salinsky  
Location: Pacific View Arts Center

Date	Time	Day	Fee	Course
9/17 - 10/22	11:30am - 1pm	Tu	\$150+	14920
10/29 - 12/3	11:30am - 1pm	Tu	\$150+	14921

+ \$40 materials fee is due to the instructor at the first class

## Layering Encaustic Monotype Workshop

Whether a seasoned artist or exploring encaustic for the first time discover the thrill of pulling vibrant encaustic monotypes from a heated palette as you immerse yourself in the joy and immediacy of this unique art form. Through playful experimentation and spontaneous mark making, you'll tap into your creativity and intuition, yielding astonishing and rewarding results. Throughout the two-day workshop, you'll delve into multiple passes to create mesmerizing depth and complexity, while also exploring techniques such as stenciling, stamping, and blocking to create multiple prints. You'll become familiar with opaque and transparent encaustic colors and how different papers respond to the wax, heat, and pressure. BRING: apron, favorite mark making tools, scissors, spray water bottle, graphite, charcoal, pastels, stencils, silicone tools, and newspaper.

Instructor: Nanette Newbry  
Location: Pacific View Arts Center

Date	Time	Day	Fee	Course
9/7 - 9/8	10am - 3pm	Sa - Su	\$400+	14712

+ \$25 materials fee is due to the instructor at the first class

## Intro to Lino Printmaking

Curious about lino carving and creating art by reducing your media and adding pigment to what remains? Come learn the basics and create a simple print. No experience necessary. All basic tools and materials supplied.

Instructor: Astrid Gonzales  
Location: Pacific View Arts Center

Date	Time	Day	Fee	Course
10/6	10am - 1pm	Su	\$50	14972
10/20	10am - 1pm	Su	\$50	14973
10/27	10am - 1pm	Su	\$50	14974



## Lino Printmaking

Delve into the art of carving intricate designs and bringing your artwork to life. Explore the nuances of color mixing, registration, and layering to achieve stunning visual effects and depth in prints you can apply on a variety of papers and fabrics. With holidays on the horizon, you may choose to focus on creating unique greeting cards, wrapping paper, decorations, and gifts your family and friends will treasure. No experience necessary. All basic tools and materials supplied. Participants may opt to bring in their own additional specialty items.

Instructor: Astrid Gonzales  
Location: Pacific View Arts Center

Date	Time	Day	Fee	Course
8/13 - 9/10	12 - 3pm	Tu	\$225	14969
11/10 - 12/15	10am - 1pm	Su	\$270	14970



## Screen Printing

Squeegee, emulsion, scoop coater, blanks, and more will soon be part of your vocabulary as you learn to burn a screen and prep it for printing on paper and fabric. Each class will build on the process as you learn the art of screen printing—and the importance of good studio hygiene to keep the ink where you want it and not on everything else! No experience necessary. All basic tools and materials provided. Students to supply their own light-colored items for printing.

Instructor: Danielle Deery and Astrid Gonzales  
Location: Pacific View Arts Center

Date	Time	Day	Fee	Course
9/25 - 10/30	10am - 1pm	W	\$300	14984

## Open Studio Screen Printing

Drop in for a session of uninstructed screen time! Need to print shirts for a youth group, totes for your book club, or original prints to sell? You'll have access to single station presses, a limited number of 4-color presses, squeegees, flash dryers, washout sink, and water-based ink screen cleaner. Bring your already burned screen, water-based ink, and blanks. Gloves and an apron are recommended. Screen printing experience is required. Staff will be on site to help with general questions. All participants are required to clean the equipment and workspace they use.

Uninstructed  
Location: Pacific View Arts Center

Date	Time	Day	Fee	Course
9/11	10am - 1pm	W	\$30	14980
9/22	10am - 1pm	Su	\$30	14981
11/16	10am - 1pm	Sa	\$30	14982
12/5	10am - 1pm	Th	\$30	14983

## Intro to Cyanotype Printing

Learn the exciting alternative photography method of cyanotype. Participants will learn the process that produces beautiful blue and white images using UV light. Learn to coat paper and expose prints to reveal a cyan blueprint created by you. No previous experience required. All materials provided.

Instructor: Astrid Gonzales  
Location: Pacific View Arts Center

Date	Time	Day	Fee	Course
8/18	12:30 - 3pm	Su	\$35	15015
8/22	12:30 - 3pm	Th	\$35	15016



## Nature Printmaking (ages 12+)

This is fun, easy printmaking without a press! Using acrylic paint, stencils, a Gelli plate, textures, and various plant material, you'll create a lovely accordion book. Additional images can be framed, used in collage, mixed media or as part of your art making practice. The sky's the limit! You'll learn the basics and a few techniques, but mostly it's a play date—especially for folks who do not think of themselves as creative. It's storytelling through local plants.

Instructor: Nancy Walter  
Location: Pacific View Arts Center

Date	Time	Day	Fee	Course
9/1	10am - 1pm	Su	\$75	NEW
9/29	10am - 1pm	Su	\$75	14941

## Nature's Treasures: Foraged Sculpture

All levels of artistic experience from beginner to advanced will allow the process to unfold as we learn together to be creative in non-ordinary ways. Working with natural materials and foraged finds, you will create a sculpture series. BRING: foraged treasures from nature and your surroundings such as crystals, rocks, roots, branches, driftwood, seedpods, crystals, feathers, wire and clay.

Instructor: Lia Strell  
Location: Pacific View Arts Center

Date	Time	Day	Fee	Course
8/20 - 9/24	1:30 - 3pm	Tu	\$150+	14714
10/1 - 11/5	1:30 - 3pm	Tu	\$150+	14899

+ \$35 materials fee is due to instructor at the first class



## Mixed Media Sculpture (ages 15+)

Learn sculpture techniques through a variety of media, including paper, plaster, clay, glaze, and acrylic paint including pinched, coiled, slab, and wheel thrown forms. Each project will be explained and demonstrated and take multiple weeks to complete. BRING: ceramics tools.

Instructor: Amy RedFeather  
Location: Pacific View Arts Center

Date	Time	Day	Fee	Course
8/13 - 9/10	12 - 3pm	Tu	\$188+	14713
9/17 - 10/22	12 - 3pm	Tu	\$235+	14904
10/29 - 12/3	12 - 3pm	Tu	\$235+	14905

+ \$70 materials fee is due to instructor at the first class

## Beginning Sculpture

This introduction to sculptural concepts and processes includes hands-on learning, critical thinking, and group dialogue that will include demos, group discussions, and critiques with the goal of designing a basic armature using 16-gauge aluminum sculpture wire to build an air-dried clay figure. Studio work will be built upon understanding the basic processes used to produce armature for sculpture, demonstrating the ability to conceive of and create sculpture using these processes, applying the principles of proportions and how they relate to the human form, designing to understand and evaluate work, and recognizing the (un)limitations of sculpture as a means of artistic expression. BRING: ruler, Irwin 6" long-nose pliers.

Instructor: Judy Salinsky  
Location: Pacific View Arts Center

Date	Time	Day	Fee	Course
8/15 - 9/26*	1:30 - 3pm	Th	\$150+	14694
10/3 - 11/7	1:30 - 3pm	Th	\$150+	14913
11/14 - 12/19*	1:30 - 3pm	Th	\$125+	14919

+ \$40 materials fee is due to instructor at the first class

\* No class 9/12 and 11/28

## Collage

Cut, tear, layer, and embellish to create mixed media works rich in texture, shape, color, and narrative. The fast and fun process does not require any prior experience. A variety of materials will be provided. Participants are welcome to bring their own media as well.

Instructor: Astrid Gonzales  
Location: Pacific View Arts Center

Date	Time	Day	Fee	Course
8/13 - 9/10	10 - 11:30am	Tu	\$115	14968



## Expressive Art: Transforming Grief Into Meaningful Creativity

Experience an expressive approach to healing through grief outside the paradigm of cognitive therapy in a compassionate, non-judgmental way. Focus on the process rather than on the product in the safety of therapeutic distance to the painful experiences with validation and intuitive, indirect art processes that encourage images, colors, and symbols to emerge from psyche and soul, where transformation, meaning, and healing can occur.

Instructor: Alessandra Colfi, PhD  
Location: Pacific View Arts Center

Date	Time	Day	Fee	Course
9/19 - 10/24	10am - 1pm	Th	\$350	14718

## Expressive Art: Redefine Yourself as You Cope with Cancer

Enjoy an engaging, evidence-based approach through art designed to help those experiencing or recovering from cancer. Tell your story and express your emotions through hands-on art making in a safe, compassionate environment as you explore a variety of mixed-media to create a meaningful and symbolic visual journal of your healing journey. Discover new ways to access your inner strength, build resilience, and improve your overall quality of life as you experience the joy and benefits of this creative and supportive practice.

Instructor: Alessandra Colfi, PhD  
Location: Pacific View Arts Center

Date	Time	Day	Fee	Course
9/17 - 10/22	10am - 1pm	Tu	\$350	14717

## Intuitive Stitch Sewing Circle (ages 12+)

Let's stitch together in this community sew-along. Practice your hand stitching, finish your projects, get group feedback, ideas and support--whether embellishing clothes or home goods, making artwork, or visibly mending your jeans. Come hang out and be inspired. Instructor will share knowledge and help you achieve your hand-stitch goals. Some materials supplied. BRING: a hand stitch project or natural fabric, needle, embroidery thread, scissors.

Instructor: Nancy Walter  
Location: Pacific View Arts Center

Date	Time	Day	Fee	Course
8/25	1:30 - 3pm	Su	\$15	14704
9/8	1:30 - 3pm	Su	\$15	14706
9/22	1:30 - 3pm	Su	\$15	14939
10/20	1:30 - 3pm	Su	\$15	14940

## Machine Sewing: Beginner Basics

Students will be introduced to the basics of machine sewing, fabric types, and construction principles to make an easy project. Sewing machines and all materials are provided. Participants may also bring their own supplies. Looking for more time to sew? Add Sewing Studio for one or both days.

Instructor: Natalia Quintero  
Location: Pacific View Arts Center

Date	Time	Day	Fee	Course
8/24 - 8/31	10am - 12pm	Sa	\$60	14961
9/14 - 9/21	10am - 12pm	Sa	\$60	14962



## Sewing Studio

Bring your own sewing projects to work on in an open studio setting and get to know other local sewists. Studio equipment and tools available for use such as machines, cutting tables, irons/boards, and the like. Bring your own sewing kit with thread, scissors, measuring tape, etc. Limited instruction provided to assist with your projects. Basic sewing machine experience required.

Instructor: Natalia Quintero  
Location: Pacific View Arts Center

Date	Time	Day	Fee	Course
8/24	12:30 - 2:30pm	Sa	\$20	14963
8/31	12:30 - 2:30pm	Sa	\$20	14964
9/14	12:30 - 2:30pm	Sa	\$20	14965
9/21	12:30 - 2:30pm	Sa	\$20	14966

## Intro to Fiber Arts

Explore a variety of fiber art materials and practices. No experience required. All tools and supplies provided, but participants may also bring some of their own.

Instructor: Natalia Quintero  
Location: Pacific View Arts Center

Date	Time	Day	Fee	Course
8/13 - 9/10	11:30am - 1pm	Tu	\$125	14960

## Simple Bookmaking

Learn how to make a small book that can be used as a journal, sketchbook, or zine. Combine folding, drawing, simple stitching, collage, and stamping to create a book structure that's unique to you.

Instructor: Astrid Gonzales  
Location: Pacific View Arts Center

Date	Time	Day	Fee	Course
8/15 - 9/19	10am - 12pm	Th	\$150	14979

## Mindful Art Journaling (ages 12+)

No art skills required whatsoever for this expressive, intuitive art making practice. The process is different for everyone. For some, it opens a creative doorway, for others, it might reveal where blocks or negative self-talk exist, or it might simply be a creative image-making exploration of materials and techniques. Prompts are provided to assist you past any creative blocks. It's a playful and liberating art-making process, as well as relaxing and fun method of personal storytelling. Leave with a mixed media artwork. All materials supplied. BRING: apron, journal if you have one.

Instructor: Nancy Walter  
Location: Pacific View Arts Center

Date	Time	Day	Fee	Course
9/15	10am - 1pm	Su	\$75	NEW
10/13	10am - 1pm	Su	\$75	14942

## Formal Poetry: Walking the Poetic Line

Formal poetry is ancient and beautiful. Knowledge of it also helps poets write better in any poetic genre. The course focuses on meter, the poetic line, and poem forms. We'll also, naturally, touch on the other elements involved in writing poetry: image, diction, voice, etc. Expect mini-lectures, workshops, and exercises. Please bring your own writing materials.

Instructor: Darius Degher  
Location: Pacific View Arts Center

Date	Time	Day	Fee	Course
10/19 - 11/23	1:30 - 3pm	Sa	\$150	14915

## Writing Stories: The Craft of Short Fiction

The short story is a venerable genre. It's also a great vehicle for learning to write any type of fiction, as it contains fiction's key elements of craft. The course is an introduction to these elements: image, scene, voice, dialogue, setting, plot, etc. Expect mini-lectures, workshops, and exercises. Bring your own writing materials.

Instructor: Darius Degher  
Location: Pacific View Arts Center

Date	Time	Day	Fee	Course
10/16 - 11/20	1:30 - 3pm	W	\$150	14916



## Life Writing: The Craft of Writing Your Life

Life writing is a reflective and often therapeutic experience for seniors or for anyone. It can be an inward personal journey, a serious literary endeavor, or both. This course is centered on the craft skills involved in writing engaging memoir essays—image, voice, setting, plot, dialogue, etc. If you like, these essays can be the beginning of a collection, a memoir, the book of your life. Expect mini-lectures, workshops, and exercises. Bring a laptop or paper and pen.

Instructor: Darius Degher  
Location: Pacific View Arts Center

Date	Time	Day	Fee	Course
8/14 - 9/18	1:30 - 3pm	W	\$150	146912

## How to Write A Song: The Art and Craft of Songwriting

This is a beginning to intermediate course in pop songwriting (folk, rock, country, R&B, etc.). It will explore the practice of writing lyrics, chord progressions, and melodies as well as how they fit together in song form. Expect mini-lectures, exercises, and workshops (the peer review of ideas). No songwriting experience required—this could be your very first song. Some musical background and passion, are helpful.

Instructor: Darius Degher  
Location: Pacific View Arts Center

Date	Time	Day	Fee	Course
8/17 - 9/21	1:30 - 3pm	Sa	\$150	14691

## Intro to Film 1 (ages 13+)

This peek into the world of independent film, accompanied with screening of film excerpts and anecdotal examples will have students discussing the meeting of the art and film worlds, indie film vs industry paths and expectations, emerging distribution avenues and more!

Instructor: Marie-Michele Jasmin-Belisle  
Location: Pacific View Arts Center

Date	Time	Day	Fee	Course
9/26	11am - 12:30pm	Th	\$45	14946
9/28	10 - 11:30am	Sa	\$45	14945

## Intro to Film 2: Stories And Concepts (ages 13+)

Students will explore the different types (and therefore, production styles) of films, from feature narratives to documentaries, brand films, dance, music videos and more, as well as discuss the various ways a film can be conceptualized. Screenplay examples, pitch decks and mood boards will be shared.

Instructor: Marie-Michele Jasmin-Belisle  
Location: Pacific View Arts Center

Date	Time	Day	Fee	Course
10/10	11am - 12:30pm	Th	\$45	14947
10/12	10 - 11:30am	Sa	\$45	14948

## Intro to Film 3: Cinematography and Visual Language (ages 13+)

Get ready to look at indie production and cinematography styles, the many unique ways to achieve visual effects, basic composition and lighting principles, an overview of the camera world (from film to digital, DSLRs, old school camcorders and smartphones!) We will also screen many film excerpts to support our exploration.

Instructor: Marie-Michele Jasmin-Belisle  
Location: Pacific View Arts Center

Date	Time	Day	Fee	Course
11/7	11am - 12:30pm	Th	\$45	14951
11/10	10 - 11:30am	Su	\$45	14952



## Intro to Film 4: Editing, Music, and Beyond (ages 13+)

Students will compare different styles of editing and how to shape a film in post-production, talk about (and listen to!) soundtracks and the role of sound, music and foley in film, and finish with an overview of the festival circuit and beyond!

Instructor: Marie-Michele Jasmin-Belisle  
Location: Pacific View Arts Center

Date	Time	Day	Fee	Course
12/5	11am - 12:30pm	Th	\$45	14949
12/7	10 - 11:30am	Sa	\$45	14950



## Intro to Video Art

Learn to create your own non-linear editing methods used in digital video and be introduced to new forms of video making and art. This class will include relevant short readings, class discussions, and guest speakers, as well as computer and editing software access. Some knowledge of editing and filming is highly encouraged.

Instructor: Astrid Gonzales  
Location: Pacific View Arts Center

Date	Time	Day	Fee	Course
9/26 - 10/31	10am - 12:30pm	Th	\$225	14975
11/7 - 12/19*	10am - 12:30pm	Th	\$225	14976

\*No class 11/28

## Intro to Digital Video Editing

Learn the basic technical skills of digital video post-production and storytelling with the goal of creating a digital project that you can share at the end of the session. Students will learn how to use editing software to manipulate existing video footage into creative edits and apply them to projects. Some knowledge of video production is encouraged, but not required.

Instructor: Astrid Gonzales  
Location: Pacific View Arts Center

Date	Time	Day	Fee	Course
9/26 - 10/31	1 - 3pm	Th	\$225	14977
11/7 - 12/19*	1 - 3pm	Th	\$225	14978

\*No class 11/28

## Circlesongs and Vocal River 1: Sing, Play, Connect! (ages 15+)

Pioneered by Bobby McFerrin, circlesongs is an inclusive musical practice that invites participants to explore their voices and bodies in a supportive and collaborative group setting. Through fun guided vocal river improv games and dynamic vocal and body music exercises, participants learn to harmonize, create intricate melodies and rhythms, and express themselves freely, as they make stuff up! At its heart, Circlesongs is about the joy we experience when we sing together as a community. Every voice is valued, and every participant contributes to the shared creation of music and movement. Develop your musicianship, learn how to collaborate and co-create, practice skills to empower yourself and others, and learn how to live a more spontaneous, joyful life. No prior singing or musical experience necessary!

Instructor: Bram Kaprow  
Location: Pacific View Arts Center

Date	Time	Day	Fee	Course
8/17 - 9/21	1 - 2:30pm	Sa	\$150	14690

See page 36 for more Circlesongs at the Encinitas Library

## Circlesongs and Vocal River 2: Sing, Play, Connect! (ages 15+)

Circlesongs is an inclusive musical practice that invites participants to explore their voices and bodies in a supportive and collaborative group setting. In this intermediate course, we will continue to build upon the musical foundations in Circlesongs & Vocal River 1. Participants will conduct circlesongs and build confidence creating with others through the practice of Rhiannon's vocal river ensemble forms, and we will explore the relationship between body, movement, and voice. At the end of the course, students interested in performing will have the option to participate in a public circlesongs and vocal river performance. Previous musical or improvisation experience recommended.

Instructor: Bram Kaprow  
Location: Pacific View Arts Center

Date	Time	Day	Fee	Course
10/26 - 11/30	11:30am - 1pm	Sa	150	14917

See page 36 for more Circlesongs at the Encinitas Library



## No Way It's Ballet

This is definitely not a ballet class. For sure it's a class solely focused on the often overlooked exercises of flexibility, conditioning, joint mobility, and agility that distinguish the good from the great athletes. Ideal for those who pursue baseball, rugby, hockey, soccer, softball, jiu jitsu, surfing, and want to be better than the rest. A fine tuning complement to those who pursue traditional workouts but want an edge. Taught by a retired ballet dancer.

Instructor: Simone Gabrielle  
Location: Pacific View Arts Center

Date	Time	Day	Fee	Course
9/18 - 10/23	10:15 - 11:15am	W	\$150	14922
10/30 - 12/4	10:15 - 11:15am	W	\$150	14934



## Improv (ages 15+)

For the actor in all of us, come unwind your mind and engage in community through a variety of improvisation games and activities.

Instructor: Becky Cherlin Baird  
Location: Pacific View Arts Center

Date	Time	Day	Fee	Course
8/24	1:30 - 3pm	Sa	\$25	14992

## Branding Basics: Intro to Branding

Embark tackling diverse challenges including logo design, small business branding, and event promotion. Learn design principles through typography, color, imagery, and messaging using Canva. Discover how to craft impactful brands in hands-on workshops, blending creativity with practical skills. BRING: Laptop with Canva application.

Instructor: Q Gourki  
Location: Pacific View Arts Center

Date	Time	Day	Fee	Course
9/17 - 10/22	11:30am - 1pm	Tu	\$350	14943
10/29 - 12/3	11:30am - 1pm	Tu	\$350	14944



## TOTS/YOUTH/TEENS

### Art School Portfolio Prep (ages 12 - 18)

Interested in studying art or graphic design in college? This program is for you. Learn how to describe and articulate your work, what skills and concepts to focus on, and how to get organized with the application process.

Instructor: Mikey Kettinger  
Location: Pacific View Arts Center

Date	Time	Day	Fee	Course
8/17 - 9/21	10 - 11:30am	Sa	\$210	14683
9/28 - 11/2	10 - 11:30am	Sa	\$210	14900



### Teen Screen Printing (ages 13 - 18)

Students will learn the basics of screen printing. Projects include art design, using a press, and printing on various paper and fabric materials. BRING: apron to wear and extra white t-shirts to print on.

Instructor: Stevie McCarley  
Location: Pacific View Arts Center

Date	Time	Day	Fee	Course
10/5 - 11/9	1 - 2:30pm	Sa	\$180	14914

### Exploring Creativity (ages 5 - 10)

Students will be experimenting with many different art mediums such as painting, drawing, printmaking and more! Each project is designed to encourage creative thinking, problem solving and self confidence through the freedom to explore and make a mess exploring process art projects that focus on the experience of creating rather than the final product.

Instructor: Stevie McCarley  
Location: Pacific View Arts Center

Date	Time	Day	Fee	Course
8/17 - 9/14	10:15 - 11:45am	Sa	\$100	14598

### Stamp Making (ages 11 - 18)

Learn how to carve and create simple stamps from your own designs and create prints using ink pads. No experience necessary. All basic tools and materials supplied.

Instructor: Astrid Gonzales  
Location: Pacific View Arts Center

Date	Time	Day	Fee	Course
9/29 - 11/3	1:30 - 3pm	Su	\$145	14967

### Mixed Media Drawing and Painting (ages 6 - 15)

The best of both worlds! Students learn the basics of drawing and painting, including contour, shading, perspective, color mixing, blending, and the elements of design. They will use a variety of media including pencils, charcoal, pastels, inks, watercolors, acrylics, gouache, and more. All supplies included.

Instructor: Courtney Oquist  
Location: Pacific View Arts Center

Date	Time	Day	Fee	Course
9/17 - 10/22	1:30 - 3pm	Tu	\$100+	14927
10/29 - 12/10*	1:30 - 3pm	Tu	\$100+	14928

\*No class 11/26  
+ \$25 materials fee is due to instructor at the first class

### Drawing for Little Artists (ages 4 - 6)

Young artists will learn how to create detailed and colorful artwork while developing awareness of basic shapes, colors, compositions, hand-eye coordination, and more. All supplies included.

Instructor: Courtney Oquist  
Location: Pacific View Arts Center

Date	Time	Day	Fee	Course
9/18 - 10/23	2 - 3pm	W	\$90	14925
10/30 - 12/11*	2 - 3pm	W	\$90	14926

+ \$20 materials fee is due to instructor at the first class  
\*No class 11/27





## Parent and Me Little Artists (ages 2 - 3 + parent)

Make art with your little artists! Together you'll create a new work of art every week using watercolors, tempera, pastels, pencils, acrylic, clay, felt, fabric, and more.

Instructor: Courtney Oquist  
Location: Pacific View Arts Center

Date	Time	Day	Fee	Course
9/17 - 10/8	10 - 11am	Tu	\$80+#	14935
10/15 - 11/5	10 - 11am	Tu	\$80+#	14936
11/12 - 12/14*	10 - 11am	Tu	\$80+#	14937

+ \$20 materials fee is due to instructor at the first class  
# Registration fee includes one child and one adult guardian/caregiver. Adult guardian/caregiver must attend with the child for this class  
\*No class 11/26

## Pre-K Painting Lab (ages 4 - 6)

Young artists will learn how to make original paintings as they explore an assortment of techniques with acrylic paint, such as color mixing, blending, shading, and more. All materials included.

Instructor: Courtney Oquist  
Location: Pacific View Arts Center

Date	Time	Day	Fee	Course
9/18 - 10/23	10 - 11:30am	W	\$110+	14923
10/30 - 12/11*	10 - 11:30am	W	\$110+	14924

+ \$30 materials fee is due to instructor at the first class  
\*No class 11/27

## I Spy: Puppet Making (ages 3+, + parent)

Foster creativity, promote sustainability, and empower children to make a positive impact on the environment as they learn the art of puppetry while recognizing "trash" as treasure for innovative builds. Every discarded item becomes a key ingredient in crafting a world of imagination and eco-friendly expression. Materials provided.

Instructor: Beebs  
Location: Pacific View Arts Center

Date	Time	Day	Fee	Course
8/18 - 9/22	10 - 11:30am	Su	\$300#	14908
8/18 - 9/22	11:45am - 1:15pm	Su	\$300#	14929
9/29 - 11/3	11:45am - 1:15pm	Su	\$300#	14930
9/29 - 11/3	10 - 11:30am	Su	\$300#	14909
11/10 - 12/15	10 - 11:30am	Su	\$300#	14910
11/10 - 12/15	11:45am - 1:15pm	Su	\$300#	14931

# Registration fee includes one child and one adult guardian/caregiver. Children must attend with an adult guardian/caregiver for this class

## Fun with Fibers (ages 9 - 12)

Young artists will explore the basics of fiber arts with a variety of projects to inspire creativity. No experience required. All materials provided.

Instructor: Natalia Quintero  
Location: Pacific View Arts Center

Date	Time	Day	Fee	Course
9/29 - 11/3	10 - 11:30am	Su	\$120	14959

## Beat Breakers Hip Hop (ages 4 - 7)

This fun, high-energy dance class enables boys and girls to let loose while developing creativity, coordination, musicality, and listening skills. Activities include hip hop and dance games in a non-stop action-packed class that will have them movin' to the beats! All music and moves are age appropriate.

Instructor: Dance to EvOLvE  
Location: Pacific View Arts Center

Date	Time	Day	Fee	Course
8/17 - 9/14	11 - 11:55am	Sa	\$100	14711

## Magical Munchkins (ages 2 - 3 + parent)

This gentle introductory dance class includes tap, ballet and dance games. It is energetic, expressive, and fun to have your magical dancer learning the dance basics in an age appropriate way. Classes start with tap and then transition into ballet each week. Parent/caregiver attendance required to participate as needed.

Instructor: Dance to EvOLvE  
Location: Pacific View Arts Center

Date	Time	Day	Fee	Course
8/17 - 9/14*	10:15 - 10:55am	Sa	\$100	14709
9/21 - 10/26	10:15 - 10:55am	Sa	\$120	14897
11/2 - 12/14*	10:15 - 10:55am	Sa	\$100	14898

\* No class 11/30 and 12/7

**FIND MORE CLASSES AT THE COMMUNITY CENTER:  
TOTS DANCE & MUSIC ON PAGES 22-24  
YOUTH DANCE ON PAGE 26**



## Tiny Movers Tap & Ballet (ages 3 - 6)

A combination class of tap and ballet and dance games for kids. This energetic and expressive class will have your Tiny Mover learning basic dance and motor skills, musicality and rhythm to reach class goals in fun creative ways. Classes start with tap and then transition into ballet each week.

Instructor: Dance to EvOLvE  
Location: Pacific View Arts Center

Date	Time	Day	Fee	Course
8/17 - 9/14	12 - 12:55pm	Sa	\$100	14710



## Storybook Dance (ages 3 - 5)

Your child will embark on an enchanted journey through various dance styles, exploring a new captivating theme each week. From adventures in whimsical worlds to exploring the wonders of creativity and imagination, every class is a vibrant tapestry of movement and joy. The dynamic sessions blend multiple dance styles, allowing young dancers to discover the beauty of expression through movement. Whether it's ballet, creative movement, or a sprinkle of hip hop, each class is a unique adventure tailored to ignite and nurture a love for dance.

Instructor: Dance to EvOLvE  
Location: Pacific View Arts Center

Date	Time	Day	Fee	Course
9/21 - 10/26	10:55 - 11:35am	Sa	\$120	14887
11/2 - 12/14*	10:55 - 11:35am	Sa	\$100	14888

\* No class 11/30 and 12/7

## Film, Theater, And Movement: All In One Creative Expressions (ages 6 - 11)

Your child will have the chance to immerse themselves in the vibrant world of performing arts as they explore various forms of expression, from dance to acting, and even get hands-on experience with filmmaking behind the scenes. Guided by our seasoned instructors, they'll collaborate with fellow innovators to workshop a special presentation for their families. It's an exciting opportunity for your child to unleash their creativity, foster confidence, and make lifelong memories in a supportive and friendly environment!

Instructor: The Young Innovators  
Location: Pacific View Arts Center

Date	Time	Day	Fee	Course
8/17 - 9/21	10:15 - 11:15am	Sa	\$120	14685
9/28 - 11/2	10 - 11am	Sa	\$120	14894
11/9 - 12/4	10 - 11am	Sa	\$120	14896



## Acting And Improv (ages 6 - 14)

Students will explore acting and improv techniques and performance in a fun supportive environment. Perfect for all skill levels.

Instructor: Leonard Romero  
Location: Pacific View Arts Center

Date	Time	Day	Fee	Course
9/22 - 10/27	10am - 12pm	Su	\$250	14953
11/3 - 12/8	10am - 12pm	Su	\$250	14954



## Pre-K Acting (ages 4 - 5)

Young actors will learn how to tell stories and bring them to life through imagination and creativity.

Instructor: Becky Cherlin Baird  
Location: Pacific View Arts Center

Date	Time	Day	Fee	Course
8/14 - 9/18	10 - 10:45am	W	\$90	14988
9/25 - 10/30	10 - 10:45am	W	\$90	14990
11/6 - 12/11	10 - 10:45am	W	\$90	14991

## Barrel Of Monkeys (ages 11 - 18)

Explore the humorous side of acting through a fun improv comedy style. Whether you are a veteran or brand new, this will help enhance everyone's skills. Register for both days for twice the laughs.

Instructor: Becky Cherlin Baird  
Location: Pacific View Arts Center

Date	Time	Day	Fee	Course
8/17	1:30 - 2:30pm	Sa	\$35	14999
8/18	1:30 - 2:30pm	Su	\$35	15000

## Musical Theatre And Karaoke (ages 11 - 13)

For kids who love to sing and dance, get ready to learn songs and dances from Broadway musicals and musical movies. Each class will offer time to sing into a microphone as they perform karaoke-style for their classmates.

Instructor: Becky Cherlin Baird  
Location: Pacific View Arts Center

Date	Time	Day	Fee	Course
9/28	1:30 - 3pm	Sa	\$35	14997
12/14	1:30 - 3pm	Sa	\$35	14998

## Homeschool Theatre (ages 11 - 18)

Brain break and creative play! We will engage minds and bodies while exploring the world of performing arts. Students will learn how to connect through stories and music.

Instructor: Becky Cherlin Baird

Location: Pacific View Arts Center

Date	Time	Day	Fee	Course
8/13 - 9/17	10 - 11am	Tu	\$90	14985
8/15 - 9/19	10 - 11am	Th	\$90	15001
9/24 - 10/19	10 - 11am	Tu	\$90	15002
9/26 - 10/31	10 - 11am	Th	\$90	15003
11/5 - 12/10	10 - 11am	Tu	\$90	15004
11/7 - 12/19*	10 - 11am	Th	\$90	15005

\* No class 11/28



## Audition Workshop (ages 8 - 18)

Get focused on everything you need to be successful at in-person auditions for theatre. Every student will have the opportunity to do a mock audition and get feedback. All levels of performers welcome.

Instructor: Becky Cherlin Baird

Location: Pacific View Arts Center

Date	Time	Day	Fee	Course
9/14	1:30 - 3pm	Sa	\$35	14993
10/12	1:30 - 3pm	Sa	\$35	15017

## Teen And Tween Musical (ages 11 - 18)

Get ready to sing and dance every week to the hottest shows on Broadway!

Instructor: Becky Cherlin Baird

Location: Pacific View Arts Center

Date	Time	Day	Fee	Course
8/25 - 9/22	1:30 - 3pm	Su	\$125	14994
9/29 - 11/3	1:30 - 3pm	Su	\$150	14995
11/10 - 12/15	1:30 - 3pm	Su	\$150	14996

**FIND MORE VISUAL AND PERFORMING ARTS CLASSES FOR TEENS AT PACIFIC VIEW ARTS CENTER LISTED IN THE ADULTS SECTION STARTING ON PAGE 9**



## DANCE AND MOVEMENT

### Beat Busters Hip Hop (ages 4 - 7)

Welcome to Beat Busters, where the rhythm never stops and the energy is always high! Designed for boys and girls ready to unleash their inner dance superstar, our dynamic class is all about having fun while honing creativity, coordination, musicality, and listening skills. From hip hop grooves to exhilarating dance games, every moment is packed with non-stop action that will have you movin' to the beats! Rest assured, all music and moves are age-appropriate, ensuring a safe and enjoyable experience for all. As dancers groove and grow, they're encouraged to join us on an exciting journey towards our annual spring showcase, where they'll have the chance to shine on stage and show their newfound skills to the world.

Instructor: Dance to EvOLvE Staff  
Location: Encinitas Community Center

Date	Time	Day	Fee	Course
9/17 - 10/29	5:20 - 6:15pm	Tu	\$140	14865
11/5 - 12/17	5:20 - 6:15pm	Tu	\$140	14866

## FREE / DROP IN *At the Center*

### Car Seat Checks

A certified American Medical Response (AMR) child passenger safety technician conducts free car seat checks.

Time: 9:30am-12pm  
Location: Encinitas Community Center Parking Lot

Held first Monday of each month.



### Cheerleading, Dance and Tumbling Workshop (ages 3 - 4)

GO! FIGHT! WIN! Participants will use pompoms and learn the fundamentals of Cheerleading technique including motions, jumps, kicks, cheers, beginning stunting and tumbling, sideline dances and a full routine to perform for families the last day of the session!

Instructor: Charlene Donovan  
Location: Encinitas Community Center

Date	Time	Day	Fee	Course
9/25 - 10/23	4:30 - 5pm	W	\$65	14808
10/30 - 12/11	4:30 - 5pm	W	\$78	14809

### Dance Discovery Minis (ages 3 - 5)

Introducing Dance Discovery Minis, the perfect daytime dance program. Dive into a world of movement, rhythm, and creativity as your child embarks on an exciting exploration with us. What makes our class unique is our innovative use of The Dance Map, a dynamic visual tool that transforms learning into an interactive adventure! Guided by the map, children will journey through various dance styles, unlocking new realms of expression with each step. Through engaging games, exercises, and imaginative activities, kids will develop strength, flexibility, coordination, and confidence while being exposed to a diverse array of dance styles throughout each session. Join us and watch your little one's passion for movement soar!

Instructor: Dance to EvOLvE Staff  
Location: Encinitas Community Center

Date	Time	Day	Fee	Course
9/17 - 10/29	1 - 1:55pm	Tu	\$140	14861
11/5 - 12/17	1 - 1:55pm	Tu	\$140	14862

### Petite Stars Tap & Ballet (ages 3 - 5 ½)

Step into the world of dance with us and watch your Petite Star shine brighter than ever! Our tap and ballet combination class is designed to keep young dancers moving, learning, and having a blast! From tapping toes to graceful ballet moves, every class is an adventure filled with fun and excitement. With a focus on progression and skill-building, our classes gently guide your child towards mastering dance techniques while fostering creativity and self-expression. Plus, they'll have the chance to showcase their skills in our annual spring performance, where they'll dazzle the stage! Join our dance family today and let the magic of movement unfold for your little one!

Instructor: Dance to EvOLvE Staff  
 Location: Encinitas Community Center

Date	Time	Day	Fee	Course
9/17 - 10/29	4:20 - 5:15pm	Tu	\$140	14867
11/5 - 12/17	4:20 - 5:15pm	Tu	\$140	14868

## MUSIC

### Dance To EvOLvE - Mini Movers and Music (ages 16 months - 2 yrs + parent)

This vibrant class is tailor-made for all those young dancers ready to groove! Filled with imaginative movement, lively music, and exciting dance games, it's the ultimate playground for mini movers. Through energetic and expressive sessions, your child will master age-appropriate dance moves, enhance motor skills, and find their rhythm in a dynamic and supportive environment. Parents (or caregivers), your presence is required as you support your child's journey, joining in as needed to make this experience truly special. Come join the fun and let your little one's creativity soar as they dance, play, and grow!

Instructor: Dance to EvOLvE Staff  
 Location: Encinitas Community Center

Date	Time	Day	Fee	Course
9/17 - 10/29	3:35 - 4:15pm	Tu	\$140	14869
11/5 - 12/17	3:35 - 4:15pm	Tu	\$140	14870



## SPECIAL INTEREST

### Parents Night Out - Bluey Boogie Bash (ages 3 - 5)

Immerse your little ones in a day filled with laughter, creativity, and boundless imagination inspired by the beloved animated series, Bluey. This event offers a joyful blend of games, crafts, and activities, all centered around the lovable Blue Heeler pup and her family. From imaginative storytelling to interactive games that mirror the show's spirit, our experienced staff will guide the children through an evening of fun, fostering friendships, and sparking the magic of dance. It's a day of boundless joy and endless smiles and families are invited to watch the end of the evening show! Pizza will be served. (Please feel free to bring a packed dinner if your child does not eat pizza.)

Instructor: Dance to EvOLvE Staff  
 Location: Encinitas Community Center

Date	Time	Day	Fee	Course
10/11	4 - 8pm	F	\$70	14871

### Parents Night Out - Elves In Training (ages 3 - 5)

Zip! Zap! Santa's elves are working hard in his workshop and need your help! During this holiday pop-up event, dancers will hammer down some awesome hip-hop moves, create a clever winter craft and sing and dance to their favorite seasonal songs! Give Santa time to make holiday preparation (or take much needed downtime) and register your dancers today! Dancers will do a special performance at the end of the evening to show off all of their elf grooves. Pizza will be served. (Please feel free to bring a packed dinner if your child does not eat pizza.)

Instructor: Dance to EvOLvE Staff  
 Location: Encinitas Community Center

Date	Time	Day	Fee	Course
12/6	4 - 8pm	F	\$70	14872

**LOOKING FOR PARENTS' NIGHT OUT FOR OLDER CHILDREN? SEE PAGE 28 FOR AGES 6-12**

## Tea Parties (ages 4 - 8)

Join us for a special event where your child will learn about good manners and social skills while enjoying tea and cookies. We will also play games, dance, have story time, and create a themed craft to take home. Don't forget to put on your favorite party dress/outfit!

Instructor: Kelsey Waters

Location: Encinitas Community Center

Date	Time	Day	Fee	Course
10/19	10am - 12pm	Sa	\$45	14747
Theme: Autumn Princess Tea Party				
11/16	10am - 12pm	Sa	\$45	14748
Theme: Royal Harvest Tea Party				

## SOCCER

### Soccer Shots Clinics Minis (ages 2 - 3)

Introduce your child to the beautiful game of soccer in a creative, age appropriate, non-competitive setting. Soccer Shots classes develop strong youth beyond just the game of soccer. Classes are taught by coaches who are passionate about working with children and teaching soccer.

Instructor: Soccer Shots

#### Cardiff Sports Park

Date	Time	Day	Fee	Course
10/6 - 1/19	9 - 9:30am	Su	\$325	14792
10/6 - 1/19	10:30 - 11am	Su	\$325	14780

#### Encinitas Community Park

Date	Time	Day	Fee	Course
10/1 - 1/14	3:45 - 4:15pm	Tu	\$350	14790
10/2 - 1/22	3:45 - 4:15pm	W	\$350	14802
10/3 - 1/23	3:45 - 4:15pm	Th	\$350	14788
10/4 - 1/24	3:45 - 4:15pm	F	\$350	14791
10/5 - 1/18	9 - 9:30am	Sa	\$325	14793
10/5 - 1/18	10:30 - 11am	Sa	\$325	14782
10/7 - 1/20	3:45 - 4:15pm	M	\$325	14801

**MORE YOUTH SOCCER  
FOR AGES 4 -10 ON PAGE 31**

## BECOME AN INSTRUCTOR

### Inviting Contract Instructors for:

- Camps
- Performing & Visual Arts
- Health & Wellness
- Fitness & Sports
- Learning & Development
- STEM & Technology
- Pet Training & more!



[ENCINITASCA.GOV/INSTRUCTOR](http://ENCINITASCA.GOV/INSTRUCTOR)





## CAMPS

CAMP

### Seaside Day Camp (ages 6 - 12)

Are you ready to have some good old-fashioned camp fun? Seaside Day Camp is ready to provide you with an opportunity to be with your friends, play games, be in nature, and have some fun! Plan to spend your break with us away from screens and the same daily routines. Each week we will take at least 1 off-site field trip so come prepared for adventure. Great childhood memories are waiting to be made at Seaside Day Camp!

Instructor: Recreation Staff  
Location: Glen Park Scout House

#### Fall Break

Date	Time	Day	Fee	Course
10/21 - 10/25	9am - 3pm	M-F	\$220	14727
Field Trip - Lazer Tag 10/25				

#### Fall Break Extended Care

Date	Time	Day	Fee	Course
10/21 - 10/24	3 - 6pm	M-F	\$45	14729

#### Thanksgiving Break

Date	Time	Day	Fee	Course
11/25 - 11/27	9am - 3pm	M-W	\$135	14728
Field Trip - Dave & Busters 11/27				

#### Thanksgiving Break Extended Care

Date	Time	Day	Fee	Course
11/25 - 11/27	3 - 6pm	M-W	\$30	14955

CAMP

### Seaside Day Camp - Drop-In (ages 6 - 12)

This new Fall only Drop-in Program lets your camper experience Seaside Camp without committing to the full week. We will have the same great fun with arts, games and outdoor activities but if you need an option for just one day, this is for you. Please bring a cold lunch and snack. At this time drop-in is not available on field trip days.

#### Fall Break

Day	Date	Time	Fee	Course
M	10/21	9am - 6pm	\$65	14732
Tu	10/22	9am - 6pm	\$65	14733
W	10/23	9am - 6pm	\$65	14734
Th	10/24	9am - 6pm	\$65	14736

#### Thanksgiving Break

Day	Date	Time	Fee	Course
M	11/25	9am - 6pm	\$65	14738
Tu	11/26	9am - 6pm	\$65	14739



## DANCE AND MOVEMENT

### Cheerleading, Dance and Tumbling Workshop (ages 3 - 12)

GO! FIGHT! WIN! Participants will use pompoms and learn the fundamentals of Cheerleading technique including are motions, jumps, kicks, cheers, beginning stunting and tumbling, sideline dances and a full routine to perform for families the last day of the session!

Instructor: Charlene Donvan  
Location: Encinitas Community Center



#### Ages 3 - 4

Date	Time	Day	Fee	Course
9/25 - 10/23	4:30 - 5pm	W	\$65	14808
10/30 - 12/11	4:30 - 5pm	W	\$78	14809

#### Ages 5 - 7

Date	Time	Day	Fee	Course
9/25 - 10/23	5 - 6pm	W	\$75	14805
10/30 - 12/11	5 - 6pm	W	\$90	14806

#### Ages 8 - 12

Date	Time	Day	Fee	Course
9/25 - 10/23	6 - 7pm	W	\$75	14889
10/30 - 12/11*	6 - 7pm	W	\$90	14890

\* No program 11/27



## FOLLOW US!

Keep up with the latest in city news and happenings by following us on social media, including Instagram, Facebook and X. You can find direct links to all of our feeds by visiting [encinitasca.gov/socialmedia](https://encinitasca.gov/socialmedia)

### Dance Discovery Crew (ages 6 - 8)

Introducing Dance Discovery Crew, an engaging daytime dance program tailored for homeschoolers! Join us as we delve into the exciting world of movement, rhythm, and artistic expression. Our unique approach includes The Dance Map, a dynamic visual tool designed to ignite curiosity and foster exploration. Students will journey through a diverse range of dance styles, expanding their skills and creativity with each session. Through fun games, challenging exercises, and collaborative activities, participants will develop strength, flexibility, coordination, and confidence while discovering their unique dance voice. This class is the perfect opportunity to cultivate a deep love for dance and unleash your full potential on the dance floor!

Instructor: Dance to EvOLvE Staff  
Location: Encinitas Community Center

Date	Time	Day	Fee	Course
9/17 - 10/29	2 - 2:55pm	Tu	\$140	14864
11/5 - 12/17	2 - 2:55pm	Tu	\$140	14863

**ARE YOU INTERESTED IN ART, MUSIC,  
AND CREATING EVENTS WITH FRIENDS?  
JOIN THE STUDENT ART ADVISORY COMMITTEE**

FOR DETAILS VISIT  
[ENCINITASCA.GOV/ARTS](https://encinitasca.gov/arts)

## FITNESS

### Karate - Beginner (ages 6 - 17)

International Karate League: Modified Okinawa Shorin-Ryu. Learn fundamentals of traditional karate for the purpose of developing character, respect, conditioning, and self-protection. Taught by a Sensei with vast experience teaching children, teens, and adults in a fun, disciplined, and supportive environment. For more information visit [www.ikl.org](http://www.ikl.org).

Instructor: Marc Pease  
Location: Encinitas Community Center

Date	Time	Day	Fee	Course
10/2 - 11/6	5:30 - 6:30pm	W	\$30	14755
10/6 - 11/3	1:30 - 2:30pm	Su	\$36	14753
11/10 - 12/15	1:30 - 2:30pm	Su	\$24	14757
11/13 - 12/18*	5:30 - 6:30pm	W	\$30	14760

\* No program 11/27

### Karate - Intermediate (ages 6 - 17)

This karate class further develops physical ability, mental acuity, and strength of character. Learn how to move like a martial artist, improving balance, posture, breathing, and ambidexterity. Further exploration of kata (forms), kumite (sparring), and self-defense concepts. Entry to intermediate class requires instructor approval.

Instructor: Marc Pease  
Location: Encinitas Community Center

Date	Time	Day	Fee	Course
10/2 - 11/6	5:30 - 7:30pm	W	\$45	14756
10/6 - 11/3	1:30 - 3:30pm	Su	\$54	14754
11/10 - 12/15	1:30 - 3:30pm	Su	\$36	14759
11/13 - 12/18*	5:30 - 7:30pm	W	\$45	14758

\* No program 11/27

## SPECIAL INTEREST

### Child and Babysitter Safety (ages 10 - 17)

Child and Babysitter Safety class is a community education program for youth that covers child safety and basic care for infants and children. Topics covered include: sitter safety, infant and child feeding, diapering procedures, recognizing an emergency, child and infant CPR, and basic first aid for children. Participants receive a digital download of the booklet and a Babysitter certificate from the American Health & Safety Institute and an Infant/Child CPR certificate of participation upon completion. Instructor, Sue Lockhart, has been training babysitters in San Diego for 30 years.

Instructor: Lockhart Training  
Location: Encinitas Community Center

Date	Time	Day	Fee	Course
10/12	9:30am - 1:30pm	Sa	\$73	14743

### Children's Manners Class (ages 5 - 12)

This four-week program is designed to instruct children in the fundamentals of social etiquette and courteous behavior. Participants will develop social skills that are essential for building positive relationships and engaging in effective communication with others. The class will be taught through interactive activities, role-playing, and discussions to facilitate the practical application of these skills in everyday scenarios.

Instructor: Kelsey Waters  
Location: Encinitas Community Center

Date	Time	Day	Fee	Course
10/8 - 10/29	4:30 - 5:30pm	Tu	\$67	14745
12/2 - 12/16	4:30 - 5:30pm	M	\$50	14746

**ARE YOU AN ARTIST IN GRADES 7-12  
LIVING OR ATTENDING SCHOOL IN ENCINITAS?  
SUBMIT YOUR ARTWORK FOR AN EXHIBITION**



**FOR DETAILS VISIT  
[ENCINITASCA.GOV/ARTS](http://ENCINITASCA.GOV/ARTS)**

## Incredible Edible Creations (ages 5 - 12)

Forget what you've been told - in this class, we want you to play with your food! Get ready to get your hands messy as we make everything from Fruit Loop Sand Art, edible stamps, crescent roll carrots, pretzel fishing rods, edible play doh, edible magic potion, edible daisies, smores starfish and much more! Best of all, eat it afterward! Satisfy your creativity and sweet tooth with a week of yummy food and treats!

Instructor: Charlene Dance & Cheer  
Location: Encinitas Community Center

Date	Time	Day	Fee	Course
9/12 - 10/3	5 - 7pm	Th	\$136	14891
10/10 - 11/7	5 - 7pm	Th	\$136	14892
11/14 - 12/12	5 - 7pm	Th	\$136	14893

## Tea Parties (ages 4 - 8)

Join us for a special event where your child will learn about good manners and social skills while enjoying tea and cookies. We will also play games, dance, have story time, and create a themed craft to take home. Don't forget to put on your favorite party dress/outfit!

Instructor: Kelsey Waters  
Location: Encinitas Community Center

Date	Time	Day	Fee	Course
10/19	10am - 12pm	Sa	\$45	14747
Theme: Autumn Princess Tea Party				
11/16	10am - 12pm	Sa	\$45	14748
Theme: Royal Harvest Tea Party				

## Beginning the College Conversation (ages 14 - 16 + Parent)

Beginning the college conversation: A Student & Parent Workshop Talking about college leads to big questions - let's do it together and leave the room with answers. Through individual reflections, small group exercises, and whole group conversations, we'll discuss application trends, standardized testing, financial aid, extracurriculars, college research, and more. For rising 9th, 10th, & 11th grade students and parents.

Instructor: Positively College  
Location: Encinitas Community Center

Date	Time	Day	Fee	Course
9/30	6 - 8pm	M	\$68	14795

## Beyond Tik Tok: Great Colleges for You (ages 14 - 16)

Beyond TikTok: Smart Ways to Discover Great Colleges for You. Yes to TikTok, but how else can you learn about colleges that will be a great fit for you? In this hands-on workshop, students will explore a mini college fair and discuss dozens of ways to gather college intel. This class is for rising grades 9, 10, & 11 students.

Instructor: Positively College  
Location: Encinitas Community Center

Date	Time	Day	Fee	Course
10/14	6 - 8pm	M	\$48	14789

# PARENTS' NIGHT OUT

Relax and take a load off while your kids have a blast! Join us for a night of festive crafts, playul games, yummy pizza and a movie to boot!

4-8PM | Encinitas Community Center | Additional event details for ages 3-5 on page 21

### FRIDAY, OCT 11

Join us for a night of mystery filled with games, crafts and hidden treasures featuring the loveable blue pup and mystery machine.

Bluey Boogie Bash  
Ages 3-5 | \$70  
Course #14871

Mystery Maham  
Ages 6-12 | \$40  
Course #14740

### FRIDAY, NOV 11

Play games, have fun and make something special to share with your family!

Thanksgiving Helpers  
Ages 6-12 | \$40  
Course #14741

### FRIDAY, DEC 6

Make winter crafts, sing and dance to your favorite holiday tunes, and enjoy a movie to get into the holiday spirit.

Elves in Training  
Ages 3-5 | \$70  
Course #14872

Pajama Party  
Ages 6-12 | \$40  
Course #14742





## BASKETBALL

### Youth Basketball League (ages 6 - 14)

Encinitas Youth Basketball leagues are designed for players of all abilities. The season will consist of 8 games plus an end of the season tournament for teams that qualify. We utilize a skills assessment and draft system in an effort to form balanced teams. Sorry, no teammate or specific coach requests are taken. Players will receive a uniform (shorts and jersey), participant medal and guaranteed playing time. Teams have regularly scheduled practices. Space is limited and leagues do fill up fast. Volunteer coaches are an integral part of the league's success. If interested in coaching, please contact Ryan at (858) 336-2668 or ryan@mastersports.com

Instructor: Master Sports – Ryan Conroy  
 Location: Encinitas Community Center Gymnasium

Important Dates
Registration Deadline: December 4
Player Skills Assessment (mandatory): December 5
Practice Begins: December 9
Games Begin: January 3, 2025 (7th-8th Grade)
Games Begin: January 4, 2025 (1st-6th Grade)

Game days and times for each division are dependent on division sizes and subject to change.

#### 1st – 2nd Coed Division (ages 6 - 8)

Date	Time	Day	Fee	Course
1/4 - 2/22*	Game times vary	Sa	\$215	14857

#### 3rd – 4th Coed Division (ages 8 - 10)

Date	Time	Day	Fee	Course
1/4 - 3/8*	Game times vary	Sa	\$215	14858

#### 5th – 6th Coed Division (ages 10 - 12)

Date	Time	Day	Fee	Course
1/4 - 3/8*	Game times vary	Sa	\$215	14859

#### 7th – 8th Coed Division (ages 12 - 14)

Date	Time	Day	Fee	Course
1/3 - 3/7*	Game times vary	F and/or Sa	\$215	14860

\* No program 12/13, 12/23-1/2, 1/20 & 2/17



## Youth Basketball Skill Builder Clinic (ages 6 - 12)

Build your physical and mental skills with this awesome program that focuses on basketball essentials, giving every player the tools they need to succeed. This clinic is filled with fun drills and games to improve your game. Incorporated into the curriculum is the Fitlight Trainer, to train your brain and your game! Students are divided into groups by skill and age to maximize their workouts and scrimmages. Includes: Basketball - Dri-fit Performance Shirt.

Instructor: Master Sports – Tedd Ekeroth  
Location: Encinitas Community Center Gymnasium

Date	Time	Day	Fee	Course
10/3 - 11/21	4 - 5pm	Th	\$160	14855
10/3 - 11/21	5 - 6pm	Th	\$160	14856

## GOLF

### Golf Clinic (ages 6 - 14)

This clinic will cover full swing, chipping, pitching, driving and sand shots and will develop etiquette and knowledge of the game. All levels of player's welcome. Bring your own equipment; otherwise, balls and clubs will be provided.

Instructor: Scott Newman  
Location: Encinitas Ranch Golf Course

Date	Time	Day	Fee	Course
11/2 - 12/14	10 - 11am	Sa	\$250	14827
11/6 - 12/18*	3:30 - 4:30pm	W	\$250	14826

\* No program 11/27

## DODGEBALL

CAMP

### Xtreme Dodgeball and Games Camp (ages 6 - 12)

This camp combines Dodgeball, Capture the Flag, Hide and Seek, and Paintball simulation into a fun, fast-paced, adrenaline rushing game. Participants learn teamwork, strategy, and good sportsmanship. Physical fitness benefits include building speed, agility, coordination and throwing accuracy. The game is played with inflatable obstacles used for ducking, dodging and hiding.

Instructor: Master Sports – Tedd Ekeroth  
Location: Encinitas Community Center Gymnasium

Date	Time	Day	Fee	Course
10/21 - 10/25	9am - 3pm	M-F	\$250	14841

## SKATEBOARDING

### SD Skatelite Beginner Skateboarding Clinic (ages 5 - 10)

SD Skatelite expert instructor Andrew Barbosa is offering a beginner skateboarding class designed to teach the fundamentals of skateboarding in a safe and comfortable environment. This class will focus on fundamental balance exercises, skateboarding safety, skatepark etiquette, ramp skills and beginner trick progressions! No experience needed. All students must wear a helmet, elbow pads and knee pads to participate (not provided by instructor). Contact instructor for skateboard rental options at: Andrew@sdskatelite.com

Instructor: SD Skatelite - Andrew Barbosa  
Location: Encinitas Community Park Skate Plaza

Date	Time	Day	Fee	Course
10/13 - 11/24	9:30 - 10:30am	Su	\$125	14749

### SD Skatelite Intermediate/Advanced Skateboarding (ages 5 - 13)

Participants will work on intermediate and advanced trick progressions, including flat ground flip tricks, stairs, grinds, creating competitive flow runs, airs, pool skating and much more. All students must wear a helmet, elbow pads and knee pads to participate (not provided by instructor). Contact instructor for skateboard rental options at: Andrew@sdskatelite.com

Instructor: SD Skatelite - Andrew Barbosa  
Location: Encinitas Community Park Skate Plaza

Date	Time	Day	Fee	Course
10/13 - 11/24	10:30 - 11:30am	Su	\$125	14750

## Code of Conduct

The City of Encinitas Parks, Recreation and Cultural Arts Department Code of Conduct is to ensure respectful and safe participation in Encinitas recreation programs and activities. Participants, as well as parents of participating minors, may be required to sign Code of Conduct forms to acknowledge program rules, goals, expected behavior and/or consequential actions to support a positive and valued learning and/or recreational experience. This Code is also to be considered and adhered to by all contracted, voluntary and other support staff.

## CAMP

### SD Skatelite Camps (ages 5 - 13)

Join us at the Encinitas Skate Plaza for a week of skateboarding fun! Learn how to skate in a safe and controlled environment with expert instructors from SD Skatelite. This camp is designed to teach skateboarders of any level. Learn skateboarding fundamentals, meet guest professional skateboarders and make new friends. All participants must wear helmets, elbow and knee pads. Contact instructor for skateboard rental options: Andrew@sdskatelite.com

Instructor: SD Skatelite - Andrew Barbosa  
Location: Encinitas Community Park Skate Plaza

#### Fall Break Camp

Date	Time	Day	Fee	Course
10/21 - 10/25	9am - 1pm	M-F	\$250	14751

#### Thanksgiving Break Camp

Date	Time	Day	Fee	Course
11/25 - 11/29*	9am - 1pm	M-W, F	\$200	14752

\* No Program 11/28

#### Winter Break Camp

Date	Time	Day	Fee	Course
12/30 - 1/3*	9am - 1pm	M, Tu, Th, F	\$200	14840

\* No Program 1/1

## SOCCER

### Soccer Shots Clinics

Introduce your child to the beautiful game of soccer in a creative, age appropriate, non-competitive setting. Soccer Shots classes develop strong youth beyond just the game of soccer. Classes are taught by coaches who are passionate about working with children and teaching soccer.

Some courses have dates with no program (ex. 11/28). Specific dates for each activity will be provided at time of registration.

Instructor: Soccer Shots

#### Mini (ages 2 - 3) Cardiff Sports Park

Date	Time	Day	Fee	Course
10/6 - 1/19	9 - 9:30am	Su	\$325	14792
10/6 - 1/19	10:30 - 11am	Su	\$325	14780

### Soccer Shots Clinics Continued

#### Mini (ages 2 - 3) Encinitas Community Park

Date	Time	Day	Fee	Course
10/1 - 1/14	3:45 - 4:15pm	Tu	\$350	14790
10/2 - 1/22	3:45 - 4:15pm	W	\$350	14802
10/3 - 1/23	3:45 - 4:15pm	Th	\$350	14788
10/4 - 1/24	3:45 - 4:15pm	F	\$350	14791
10/5 - 1/18	9 - 9:30am	Sa	\$325	14793
10/5 - 1/18	10:30 - 11am	Sa	\$325	14782
10/7 - 1/20	3:45 - 4:15pm	M	\$325	14801

#### Classic (ages 4 - 6) Cardiff Sports Park

Date	Time	Day	Fee	Course
10/6 - 1/19	8 - 8:55am	Su	\$325	14778
10/6 - 1/19	9:40 - 10:25am	Su	\$325	14779

#### Classic (ages 4 - 6) Encinitas Community Park

Date	Time	Day	Fee	Course
10/1 - 1/14	4:25 - 5:10pm	Tu	\$350	14786
10/2 - 1/22	4:25 - 5:10pm	W	\$350	14804
10/3 - 1/23	4:25 - 5:10pm	Th	\$350	14783
10/4 - 1/24	4:25 - 5:10pm	F	\$350	14787
10/5 - 1/18	8 - 8:55am	Sa	\$325	14777
10/5 - 1/18	9:40 - 10:25am	Sa	\$325	14781
10/7 - 1/20	4:25 - 5:10pm	M	\$325	14803

#### Premier (ages 6 - 10) Cardiff Sports Park

Date	Time	Day	Fee	Course
10/6 - 1/19	11:10am - 12:05pm	Su	\$325	14794

#### Premier (ages 6 - 10) Encinitas Community Park

Date	Time	Day	Fee	Course
10/5 - 1/18	11:10am - 12:05pm	Sa	\$325	14796

## SURF

### Little Groms Surf School (ages 5 - 8)

Dedicated to our next generation of surfers and watermen who are just ready to hit the water but may be a bit scared. Your child will learn ocean safety, develop skills to swim in the ocean, bodyboard, and surf, while making some new surf buddies!

Instructor: Brent Stephens  
Location: Moonlight State Beach

Date	Time	Day	Fee	Course
10/1 - 10/22	3:30 - 5pm	Tu	\$300	14831
10/2 - 10/23	3:30 - 5pm	W	\$300	14832

### Big Groms Surf School (ages 9 - 16)

Surfing fundamentals, proper techniques, skill development, and ocean safety are taught to participants in a well-supervised and fun environment. Our professional and experienced staff will make sure students have a great time, whether just beginning to surf or focused on improving their current set of skills.

Instructor: Brent Stephens  
Location: Moonlight State Beach

Date	Time	Day	Fee	Course
10/1 - 10/22	3:30 - 5pm	Tu	\$300	14829
10/2 - 10/23	3:30 - 5pm	W	\$300	14830

CAMP

### Little Groms Surf Camp - Fall Break (ages 5 - 8)

This camp is dedicated to our next generation of surfers and water kids that are just getting ready to hit the ocean. Our focus is ocean safety, surfing, boogie boarding, bodysurfing and swimming in the ocean. We allow kids to progress at their own pace in this camp, not pushing them past their comfort level. For more info check out: [www.TheLittleGroms.com](http://www.TheLittleGroms.com)

Instructor: Brent Stephens  
Location: Moonlight State Beach

Date	Time	Day	Fee	Course
10/21 - 10/25	9am - 12pm	M-F	\$425	14834

CAMP

### Big Groms Surf Camps (ages 9 - 16)

This surf camp teaches proper surfing fundamentals and techniques with an emphasis on skill development and ocean safety. Surf camp is ideal for BEGINNER and INTERMEDIATE level participants that want to become more efficient surfers. Experienced staff will work with campers individually and in small groups to create a fun and productive environment. Surfboards are provided.

Instructor: Brent Stephens  
Location: Moonlight State Beach

Date	Time	Day	Fee	Course
10/21 - 10/25	9am - 12pm	M-F	\$425	14833

## VOLLEYBALL

### Sinjin Beach Volleyball Class (ages 6 - 16)

Sinjin Smith presents beach volleyball class every Saturday at Moonlight Beach! Learn from coaching staff that have learned from the king himself. Beach volleyball coaches will help each participant develop their beach volleyball skills in a fun and safe setting on the sand. Sinjin makes appearances all the time, join us for a chance to meet the king of the beach! For more information please visit: [www.beachvolleyballcamps.com](http://www.beachvolleyballcamps.com)

Instructor: Sinjin Smith  
Location: Moonlight State Beach

Date	Time	Day	Fee	Course
10/19 - 11/16	9 - 10:30am	Sa	\$150	14824
11/23 - 12/21	9 - 10:30am	Sa	\$150	14825







## BASKETBALL

### Men's Basketball Lunch League

Work got you stressed out? Relieve your stress with a little lunch time basketball. Our lunch league consists of full court games designed to keep the action moving. Teams are formed daily, and games are twelve minutes in duration. Come join the action! Times may vary due to other recreation programs. Please review the Monthly Gym Calendar for confirmation of times.

League Administrator: Jeran Fraser  
Location: Encinitas Community Center Gymnasium

Date	Time	Day	Fee	Course
10/1 - 12/20*	12 - 1pm	M-F	\$72	14853

No Program 10/21-25, 11/11, 11/28-29, 12/13

### Saturday Morning Men's Basketball

Get your morning hoops on at the Community Center. This is a great way to get in shape while having fun. Games are played 5 on 5 full court. Games are based on continuous play to promote great cardio by keeping games moving.

League Administrator: Paul Klock  
Location: Encinitas Community Center Gymnasium

Date	Time	Day	Fee	Course
10/5 - 12/21*	8 - 10am	Sa	\$35	14850

\* No Program 12/14

### Sunday Morning Men's Basketball

Get your morning hoops on at the Community Center. This is a great way to get in shape while having fun. Games are played 5 on 5 full court. Games are based on continuous play to promote great cardio by keeping games moving.

League Administrator: Adam Fowler  
Location: Encinitas Community Center Gymnasium

Date	Time	Day	Fee	Course
10/6 - 12/22	8 - 10am	Su	\$35	14851

### Women's Basketball League

The Women's Basketball League is for players of all abilities 18 and up. Games are played on Monday nights. All teams will play approximately 10 regular season games and a championship tournament for the top four teams in the league. Game times are based on number of teams in the league. Individual sign up only prior to the player draft. Players are then placed on teams. Registration fee \$300/team plus an additional fee for Officials at \$81/game. Fees are collected by the League Administrator. Please call (760) 943-2269 for more information.

League Administrator: Alishia Carlson  
Location: Encinitas Community Center Gymnasium

Date	Time	Day	Fee	Course
8/5 - 10/28	6 - 9pm	M	\$300+	14610
11/4 - 2/10*	6 - 9pm	M	\$300+	14842

+ \$81 per team for officials at each game

\* No Program 9/2, 11/11, 12/23, 12/30, 1/20

## Women's Basketball Lunch League

Calling all female basketball players! Come join the Encinitas Ladies only lunch league. Games are full court and are a great way to get your cardio in, make new friends and keep your game on point. Times may vary due to other recreation programs. Please review Monthly Gym Calendar for confirmation of times.

League Administrator: Robyn Bowman  
Location: Encinitas Community Center Gymnasium

Date	Time	Day	Fee	Course
10/1 - 12/20*	11am - 12pm	Tu, F	\$30	14849

\* No program 10/22, 10/25, 11/29 & 12/13

## GOLF

### Golf Clinic - Adult

This clinic will cover full swing, chipping, pitching, driving and sand shots. Clinic develops etiquette and knowledge of the game. All levels of players welcome. Bring your own equipment; otherwise, balls and clubs will be provided.

Instructor: Scott Newman  
Location: Encinitas Ranch Golf Course

Date	Time	Day	Fee	Course
11/2 - 12/14*	11:15am - 12:15pm	Sa	\$250	14828

\* No program 11/30

## VOLLEYBALL

### Adult Indoor Volleyball

This adult coed volleyball program is for anyone 18 and up who wants to play without forming a team, having a team captain, or requiring a roster! In other words, it is a more structured open gym where you can come and play in a fun and social environment. There will be 2 courts available based loosely on level of play: beginner, intermediate, and advanced. Players will be assigned to one of four teams each evening. Ideal participants will have strong skills in passing, setting, and attacking in 6-person role-based play (setter, middle hitter/blocker, outside hitter, etc.). Team assignments will change weekly based on availability of players and their skills and positional strength's. This gameplay is intended to be friendly, but competitive and sportsmanlike. We look forward to seeing you there!

League Administrator: Aaron Hudson  
Location: Encinitas Community Center Gymnasium

Date	Time	Day	Fee	Course
10/1 - 12/17	6 - 8:30pm	Tu	\$50	14854

## PICKLEBALL

### Let's Play Pickleball for Beginners

Do you want to learn and improve your game and enjoy it more? These instructional clinics are catered to the beginning player focusing exclusively on the physical aspects of pickleball. Instructor Ron Dashwood will share his knowledge and passion for the game. His coaching philosophy is based on early preparation, proper paddle position, and playing intentionally to promote optimal shot selection. Most of all he wants his students to enjoy their time on the court. Must provide your own paddle.

Instructor: Ron Dashwood  
Location: Encinitas Community Center Gymnasium

Date	Time	Day	Fee	Course
10/30 - 12/18	4 - 5pm	W	\$100	14843
10/30 - 12/18	5:15 - 6:15pm	W	\$100	14844
11/2 - 12/21	12:30 - 1:30pm	Sa	\$88	14846
11/2 - 12/21	1:45 - 2:45pm	Sa	\$88	14847

### Let's Play Pickleball for Beginners II

The Pickleball for Beginners II clinic takes your game to the next level, designed for players who have already completed the Beginners I clinic or possess similar basic skills. The clinic will provide you with the tools to sharpen your skills, gain confidence, and have more fun. Instructor Ron Dashwood will share his knowledge and passion for the game to improve yours. Must provide your own paddle.

Instructor: Ron Dashwood  
Location: Encinitas Community Center Gymnasium

Date	Time	Day	Fee	Course
10/30 - 12/18	6:30 - 7:45pm	W	\$125	14845
11/2 - 12/21	3 - 4:15pm	Sa	\$110	14848





## DANCE AND MOVEMENT

### Ballet (ages 15+)

It is never too late to take ballet! Sculpt long lean muscles, improve balance, coordination and flexibility while building strength and technique. Receive quality training at advanced beginning through intermediate levels taught by former professional dancer Marti Neal in a relaxed, easy to learn class accompanied by music. Wear closely fitted dancewear and ballet slippers after first class meeting.

Instructor: Marti Neal  
Location: Encinitas Community Center

#### Advanced Beginner

Date	Time	Day	Fee	Course
10/1 - 11/5	6:30 - 7:30pm	Tu	\$96	14877
11/12 - 12/17	6:30 - 7:30pm	Tu	\$96	14881

#### Intermediate

Date	Time	Day	Fee	Course
10/1 - 11/5	7:30 - 8:45pm	Tu	\$96	14878
11/12 - 12/17	7:30 - 8:45pm	Tu	\$96	14880

**MINGLE & MOVE DANCES PROVIDE THEMED, MONTHLY EVENTS FILLED WITH FRIENDSHIP, FUN & FOOD. SEE PAGE 40.**

### Belly Dancing

Come learn the ancient art of Belly Dance! Dance to beautiful Middle Eastern music and learn basic dance steps and easy choreography. Improve flexibility, muscle tone and coordination. Make new friends! The instructor was a Professional Cabaret Belly Dancer for 10 years and has been teaching for 20 years. Wear hip scarf with coins or beads and comfortable clothing/shoes to move across the dance floor.

Instructor: Vicki Deriso  
Location: Encinitas Community Center

Date	Time	Day	Fee	Course
9/23 - 10/14	5 - 6pm	M	\$65	14874
10/21 - 11/18*	5 - 6pm	M	\$65	14875
11/25 - 12/16	5 - 6pm	M	\$65	14876

\* No program 11/11

### Soul Line Dancing

Line dancing was never meant to be limited to country western tunes. Soul line dances are choreographed to R&B, Jazz, Latin and many of your favorite Motown tunes. Grab a friend and come give it a try. No partner or experience needed. Secure footwear required.

Instructor: Barbara Previti  
Location: Encinitas Community Center

Date	Time	Day	Fee	Course
9/5 - 10/10	6:30 - 8pm	Th	\$59	14885
10/17 - 11/21	6:30 - 8pm	Th	\$59	14886

## FITNESS

### Balance Boosters

This class will focus on the principles of strength, balance and endurance through exercise and education by highlighting the importance of engagement in daily activities, routines, and hobbies to promote mental health and maximize cognition.

Instructor: Bridge2PT  
Location: Encinitas Community Center

Date	Time	Day	Fee	Course
9/30 - 11/4	10 - 11am	M	\$180	14784
11/18 - 12/16	10 - 11am	M	\$150	14785

### Fall Walking Club

Join us for a fun and engaging morning of walking and socializing at various trails within the Encinitas Community. This is a perfect opportunity to meet new friends, get some exercise, and enjoy the outdoors. All levels of walking ability are welcome, so come join us for a great time! Walks take place every Wednesday at 9:00am. Participants must register in person where they will receive the location for each walk.

Instructor: PRCA Staff  
Location: Various

Date	Time	Day	Fee	Course
10/2 - 12/18	9 - 10am	W	Free	14769

### T'ai Chi Chih - Beginner

Experience the transformative power of T'ai Chi Chih as you harmonize your body, mind, and spirit. This moving mindfulness meditation consists of 19 gentle, non-martial movements that circulate and balance the cosmic energy. Whatever your fitness level, you can cultivate health, serenity, longevity, and vitality through T'ai Chi Chih.

Instructor: Christina Tillotson  
Location: Encinitas Community Center

Date	Time	Day	Fee	Course
10/7 - 11/25*	6:30 - 7:30pm	M	\$72	14763

\* No program 10/21 & 11/11

## MUSIC

### Circlesongs & Vocal River 1: Sing, Play, Connect! (ages 15+)

Circlesongs is an inclusive musical practice that invites participants to explore their voices and bodies in a supportive and collaborative group setting. Through fun guided games and musical exercises, participants learn to harmonize, create intricate melodies and rhythms, and express themselves freely, as they make stuff up. Develop your musicianship, learn how to collaborate and co-create, practice skills to empower yourself and others, and learn how to live a more spontaneous, joyful life. No musical experience required!

Location: Encinitas Library  
Instructor: Bram Kaprow

Date	Time	Day	Fee	Course
10/22 - 11/26	5 - 6:30pm	Tu	\$150	14938

### Yoga for All

**NEW!**

These classes will unite your breath with your body offering a variety of poses accessible to all levels of yoga practitioners. Classes will include building strength in the core, balance in the body, as well as increasing flexibility and range of motion. Calm your mind, feel alive and revived.

Instructor: Roberta Bucher  
Location: Encinitas Community Center

Date	Time	Day	Fee	Course
9/18 - 10/23	4 - 5pm	W	\$72	14761
10/30 - 12/11*	4 - 5pm	W	\$72	14762

\* No program 11/27



## SPECIAL INTEREST

### Adult and Pediatric FA/CPR/AED - In Person

The purpose of the American Red Cross Adult and Pediatric CPR/AED program is to help participants recognize and respond appropriately to cardiac, breathing and first aid emergencies. The courses in this program teach skills that participants need to know to give immediate care to a suddenly injured or ill person until more advanced medical personnel arrive and take over. This program offers a choice of CPR/AED courses to meet the various training needs of a diverse audience. Our CPR/AED and First Aid Full Service courses are designed and taught by industry-leading professionals who are motivated to help prepare you to know how to respond and act in a variety of emergency situations. This is done as we progress through the CPR/AED coursework as a class, in small groups and, when necessary, in one-on-one training with your certified instructor.

Instructor: Premier AQ  
Location: Encinitas Community Center

Registration is required with Encinitas and Premier AQ. Once you have registered with Encinitas, follow the link on your receipt to finish your enrollment on Premier AQ's Website.

Date	Time	Day	Fee	Course
10/12	9 - 1:15pm	Sa	\$105+	14764
11/16	9 - 1:15pm	Sa	\$105+	14765
12/14	9 - 1:15pm	Sa	\$105+	14766

+ \$25 Material fee due to instructor at first class.

### Herbalism: Botanical Beauty (Advanced)

Learn how to combine and use plants to create botanical beauty recipes, from topicals to herbal compound formulas supporting optimal vitality; think stress, hormones, and sleep! We will explore the world of botanical beauty, and each class will include a plant medicine-making component and hands-on activities. At least one seasonal herbalism class is recommended before taking this course.

Instructor: Sally Seitz  
Location: Encinitas Community Center

Date	Time	Day	Fee	Course
10/16 - 11/20	12:30 - 1:30pm	W	\$60	14721

### Herbalism: Fall Plant Medicine Making

The use of plants for wellness is common to all cultures across time and widely popular today. Join us as we engage in herbal medicine making from homegrown and wildcrafted plants as well as certified organic sources. We'll see, touch, taste, and smell herbs and explore their role in wellness.

Instructor: Sally Seitz  
Location: Encinitas Community Center

Date	Time	Day	Fee	Course
10/2 - 11/6	10:30 - 11:30am	W	\$60	14720

### Public Speaking and Assertive Communication (ages 16+)

**NEW!**

This six-week course will empower students, helping them build up confidence when addressing an audience. Good communication skills have an immediate effect on peoples' interpersonal relations, professional development, and in their communities.

Instructor: Claudia O'Campo  
Location: Encinitas Community Center

Date	Time	Day	Fee	Course
9/19 - 10/24	6 - 7pm	Th	\$130	14725
11/12 - 12/17	6 - 7pm	Tu	\$130	14726

### Tardes en Espanol: Conversational Spanish for Friends

**NEW!**

This 12-week course will offer the opportunity for intermediate Spanish students to practice conversational skills in a safe environment that promotes fun, exploration, and friendliness.

Instructor: Claudia O'Campo  
Location: Encinitas Community Center

Date	Time	Day	Fee	Course
9/16 - 12/16*	6 - 7pm	M	\$180	14724

\* No program 11/11

### Interior Design and Décor Basics

**NEW!**

Fall into your passion and learn interior design and decor! This class will teach the basics of interior design and decoration including how to pick colors and finishes for walls, ceilings, baseboards, doors and windows. Selection of light fixtures such as chandeliers, pendants and lamps, choosing the right sized ceiling fans, rugs, wall art and window treatments for different rooms.

Instructor: Syllis Cawker  
Location: Encinitas Community Center

Date	Time	Day	Fee	Course
9/17 - 10/8	6 - 7:30pm	Tu	\$72	14906
10/15 - 11/5	6 - 7:30pm	Tu	\$72	14907

**ARTS CLASSES FOR ADULTS OF ALL AGES OFFERED AT PACIFIC VIEW ARTS CENTER ON PAGES 9-16. DRAWING, SEWING, COLLAGE, JOURNALING ...AND MORE**



## FITNESS

### Chair Yoga

**NEW!**

Join us for a gentle form of yoga that's done while seated or using a chair for balance, making the practice more accessible. In chair yoga, it's possible to move into poses like cat/cow, warrior, sun salutations and forward folds, all while seated.

Instructor: Claudia Yates

Location: Encinitas Community & Senior Center

Date	Time	Day	Fee	Course
9/20 - 10/25	10 - 11am	F	\$42	14813
11/1 - 12/20*	10 - 11am	F	\$42	14814

\* No program 11/29 & 12/13

### Every-Body Yoga

Revitalize your whole being with yoga while strengthening and enhancing flexibility in joints, bones, organs, and muscles. Learn the principles of alignment while deepening your ability to enjoy life in each moment. Breath, poses, and balance are an integral part. Create Stamina from the inside out and feel the difference. Please bring a yoga mat, sitting cushion or beach towel to class.

Instructor: Lynda Light

Location: Encinitas Community & Senior Center

Date	Time	Day	Fee	Course
11/13 - 12/18	12 - 1pm	W	\$42	14722

### Gentle Yoga and Sculpt

**NEW!**

Approach aging by being proactive about your wellbeing. This class is intended to offset osteoporosis with gentle movement, yoga infused with light weights and relaxing stretches. Please bring 1lb or 2lb hand weights to class.

Instructor: Claudia Yates

Location: Encinitas Community & Senior Center

Date	Time	Day	Fee	Course
9/16 - 10/21	10 - 11am	M	\$42	14811
10/28 - 12/16*	10 - 11am	M	\$49	14812

\* No program 11/11

### Golden and Toned

Golden and Toned is tailored for active older adults, who want to focus on muscle conditioning with light weight activity and some dancing. This class blends the sounds of a Latin music party while doing a total body workout. Low to moderate intensity strength training with 1-pound weights or no weights at all. On occasion resistance bands may be used but not necessary. Be ready to have fun and tone up in this 30-minute class.

Instructor: Lori Massey

Location: Encinitas Community & Senior Center

Date	Time	Day	Fee	Course
10/7 - 11/4	9 - 9:30am	M	\$35	14819
11/18 - 12/16	9 - 9:30am	M	\$35	14820

## Health Barre

In this effective total-body conditioning program you will improve your posture, muscle-tone, and strength with basic pilates and ballet movements. Work your entire body using light weights, bands, ballet barre, and your own body weight as well as other methods of resistance to promote lean muscle. Please bring a mat, 1 or 2 lb. hand weights, and a towel.

Instructor: Lori Massey  
Location: Encinitas Community & Senior Center

Date	Time	Day	Fee	Course
10/1 - 11/5	9 - 10am	Tu	\$42	14798
10/3 - 11/7	9 - 10am	Th	\$42	14799
10/7 - 11/4	9:45 - 10:45am	M	\$35	14797
11/12 - 12/17	9 - 10am	Tu	\$42	14821
11/14 - 12/19*	9 - 10am	Th	\$35	14822
11/18 - 12/16	9:45 - 10:45am	M	\$35	14800

\* No program 11/28

## Qi Gong

Qi Gong is an ancient system developed in Asia for overall fitness and health. Participants will engage in simple, fluid motions as well as standing and sitting.

Instructor: Andrew Jones  
Location: Encinitas Community & Senior Center

Date	Time	Day	Fee	Course
10/3 - 11/7	8:30 - 9:30am	Th	\$42	14774
10/7 - 11/4	8:30 - 9:30am	M	\$35	14772
11/14 - 12/19*	8:30 - 9:30am	Th	\$35	14775
11/18 - 12/16	8:30 - 9:30am	M	\$35	14773

\* No program 11/28

## STANDING STRONG

### Fall Prevention Workshop



**Monday, September 23**  
**12:30 - 3:30pm**  
**Encinitas Community and Senior Center**

Registration link: <https://forms.office.com/r/GOLPCKUakD>




FREE EVENT

## T'ai Chi Chih - Intermediate/Open to Beginners

Experience the transformative power of T'ai Chi Chih as you harmonize your body, mind, and spirit. This moving mindfulness meditation consists of 19 gentle, non-martial movements that circulate and balance the cosmic energy. Whatever your fitness level, you can cultivate health, serenity, longevity, and vitality through T'ai Chi Chih.

Instructor: Christina Tillotson  
Location: Encinitas Community & Senior Center

Date	Time	Day	Fee	Course
10/2 - 11/6	10:30 - 11:30am	W	\$42	14767
11/13 - 12/18	10:30 - 11:30am	W	\$42	14768

 Have you tried Zumba and been overwhelmed? This program is especially designed for the active over 50 group. Latin rhythms inspire moves to exercise the brain, heart, and all the major muscle groups. You'll enjoy dancing and get a cardio workout. Dress lightly, and come party with us!

Instructor: Lori Massey  
Location: Encinitas Community & Senior Center

Date	Time	Day	Fee	Course
10/1 - 11/5	10:15 - 11:15am	Tu	\$42	14817
10/3 - 11/7	10:15 - 11:15am	Th	\$42	14815
11/12 - 12/17	10:15 - 11:15am	Tu	\$42	14818
11/14 - 12/19*	10:15 - 11:15am	Th	\$35	14816

\* No program 11/28

## SPECIAL INTEREST

### Healthier Living with Chronic Conditions NEW!

If you or someone you care for is dealing with a chronic condition, this 6-week workshop is for you! Sessions support the self-management of ongoing health conditions such as arthritis, heart disease, diabetes, high blood pressure, lung disease and cancer. This class is sponsored by the County of San Diego Health and Human Services Agency. **In-person registration is required.**

Instructor: County of San Diego, Aging and Independence Services  
Location: Encinitas Community & Senior Center

Date	Time	Day	Fee	Course
10/3 - 11/14	1 - 3:30pm	Th	Free	14744

## NUTRITION

### Oakcrest Cafe



The Oakcrest Cafe offers daily nutritious lunches in a welcoming environment. Reservations are required and can be made up until 12pm the business day before you would like a meal by calling (760) 943-2258. The suggested meal contribution is \$5 per meal for adults 60+ and a mandatory \$8 fee per meal for those under 60. Please

make checks payable to the City of Encinitas.

Check-in time for lunch is 11:00-11:30am. Lunch is served at 11:40am. The Oakcrest Cafe is supported by the City of Encinitas and general meal donations. No eligible person shall be denied a meal because of failure or inability to contribute. Please note, a registration form is required for all participants and must be updated annually.

### Encinitas Senior Center Lunch Transportation

Transportation is available for eligible senior citizens (60+) to and from the Senior Center for lunches Monday through Friday. If you or someone you know is interested in rides to the lunches, call (760) 943-2258 to request an application. Suggested \$2 donation per round-trip van ride.

## OUTREACH SERVICES

### Project C.A.R.E.

Project C.A.R.E. is a FREE "Safety Net" program of services for Encinitas seniors. If you live alone, this is a great resource. Services include: Vial of Life, Home Safety Check and information and referrals. Call (760) 943-2250 for more information.

## TRANSPORTATION

### NCTD LIFT Paratransit

Lift offers curb-to-curb transportation for ADA certified passengers. For information and an application visit [gonctd.com/lift](http://gonctd.com/lift). To apply, call (760) 726-1111.

### NCTD Breeze

For information about North County Transit District's public transportation options, call customer service at (760) 966-6500.

### On The Go Senior Transportation

Offered by Jewish Family Service. Call (858) 637-3210 or visit [www.jfssd.org/ontheho](http://www.jfssd.org/ontheho) for more information.

# MINGLE & MOVE

Put on your dancing shoes and join us for an afternoon of rhythm and fun. You'll find camaraderie and friendship among fellow dancers as you learn and laugh. Light snacks, refreshments, and a raffle. Everyone is invited, whether you are solo or with a partner.

**AUG  
16**

**End of Summer Sizzle**

**SEP  
20**

**Two Step Into Fall**

**OCT  
18**

**Ghostly Gala**

**NOV  
15**

**Autumn Harvest**



Sponsored by  
**GROCERYOUTLET**  
Bargain Market  
Encinitas

Time: 2:00 – 4:00pm | Location: Encinitas Community & Senior Center | Ages: 50+  
Cost: \$7 plus applicable fees | Register online or in person at the center | Questions? Call (760) 943-2250





# FREE PROGRAMS FOR AGES 50 +

In-person registration is required for all free programs. Online registration is not available. Programs subject to change based on class enrollment, room availability and volunteer facilitator availability. Visit [EncinitasParksandRec.com](http://EncinitasParksandRec.com) for full course details.

Class	Course#	Description	M	Tu	W	Th	F	
Bereavement	14682	Support group for those who have suffered loss	1st & 3rd Mon 2 - 3pm Begins 9/16					
Blood Pressure Clinic	14403	An EMT will check your blood pressure				3rd Th 9:30am - 12:30pm	1st Fri 9:30am - 12:30pm	
Book Club	14065	Read, review, and analyze books			3rd Wed 1 - 2:30pm			
Computer Lab	14084	Use computers for fun or research	8am - 3:45pm	8am - 3:45pm	8am - 3:45pm	8am - 3:45pm	8am - 3:45pm	
Computer Tutor	14085	Assistance with computer needs			9:30 - 11am	9 - 10:30am		
Current Events	14069	Discuss current events		1 - 2:30pm				
Elder Law & Advocacy	14082	Free legal services for ages 60+	Call (858) 565-1392 - Phone appointment only					
HICAP	14089	Health insurance counseling and advocacy	Call (858) 565-8772 - Phone appointment only					
Practicing Italian	14475	Practice speaking, reading, and writing in Italian				12:30 - 2:30pm		
American Mah Jongg	14066	Tile-based board game (Instruction not provided)				12 - 3:30pm		
Pool Open Play	14063	Open play billiards	8am - 3:45pm	8 - 10am	8am - 3:45pm	8 - 10am	8am - 3:45pm	
Pool - 8-Ball	14077	Weekly No Handicap Pool Tournament				10am - 3:45pm		
Pool - 9-Ball	14078	Weekly Handicap Pool Tournament		10am - 3:45pm				
Challenge Cup Pool - 8-Ball	14632	Challenge Cup Tourny No Handicap				10am - 3:45pm 9/19		
Challenge Cup Pool - 9-Ball	14770	Challenge Cup Tourny No Handicap		10am - 3:45pm 10/15				
Senior Citizen Commission		Meetings held at Encinitas City Hall	3rd Tu 2pm - No Meetings: July & December					
Silver Age Yoga	14838 14839	Chair or mat gentle yoga class	2 - 3pm	Session 1: 10/7 - 11/4 Session 2: 11/18 - 12/16				
Sittin' and Knittin'	14067	Friendship and crafting		10am - 12pm				
Stamp Club	14068	Stamp collecting enthusiasts			1st Wed 10 - 11:30am			

**No Programs: 11/11, 11/28, & 11/29**

## FALL REGISTRATION OPENS: AUGUST 5 @ 8AM

All activities subject to time/date change. A \$2.90 non-refundable registration processing fee is included in each course (\$1 fee for \*residents in Senior Center programs). Non-refundable credit card transactions will be charged an additional 3.66%.

\*Resident is defined as an individual or organization residing or based within the boundaries of the City of Encinitas, with US Postal Service Code of 92024 or 92007. Use of a City PO Box Mailing address is not considered residency.



## ONLINE:

1. Visit [www.EncinitasParksandRec.com](http://www.EncinitasParksandRec.com)
2. Click on Programs
3. Create an account or login
4. Search for an activity by course # or keyword
5. Add to shopping cart
6. Review enrollment and confirm selections
7. Accept waiver and pay

## WALK IN:

Walk-in registration is accepted at the Encinitas Community and Senior Center and City Hall at the Parks, Recreation and Cultural Arts Department during business hours as noted on page 2 of this guide.

## INCLUSION POLICY:

The City is an affirmative action public entity and does not discriminate on the basis of race/color, ethnic origin, national origin, gender, gender identity, religion, age, veteran status or physical or mental disability in employment or provision of service. The City of Encinitas Parks, Recreation and Cultural Arts Department is committed to the support of inclusive programs and opportunities to increase individual potential for full and active participation in all activities and experiences. Requests for accommodations will be considered on a case-by-case basis. If you require an accommodation, or need further information concerning inclusive or specialized recreation and accommodation for a city program, please contact us as soon as possible or no later than 72-hours prior to the disability accommodations being needed via email at [prca@encinitasca.gov](mailto:prca@encinitasca.gov) or call (760) 633-2740.

## REFUND/CANCELLATION POLICY:

Activities are subject to change. A full refund will be given if the City cancels the activity.

- Refunds requested ten (10) days before the first program meeting date may be granted minus a \$20 cancellation fee, \$10 for senior programs.
- Refunds requested five (5) calendar days before the first program meeting date may be granted minus 25% of the registration fee or \$20, whichever is greater.
- Refund requests should be emailed to [prca@encinitasca.gov](mailto:prca@encinitasca.gov). No refunds will be issued for inclement weather. Prorated refunds may be given for a medical reason, based on the number of unattended days. Medical verification is required with a doctor signature and must be submitted no later than five (5) calendar days after the medical incident. Refund requests made less than five (5) calendar days before the start of the class must be submitted by an email to [prca@encinitasca.gov](mailto:prca@encinitasca.gov). Refund requests made less than five (5) calendar days are date-stamped and reviewed by the division head. Submission of request does not guarantee approval.

## WAITING LIST POLICY:

Those on the waiting list that receive notification by phone or email that a spot has opened; have until 5:00pm the next City business day to secure registration. You may confirm your registration by emailing [prca@encinitasca.gov](mailto:prca@encinitasca.gov) or calling: (760) 633-2740 or (760) 943-2250 to talk to a live customer service representative. Voicemails will not be accepted and do not confirm registration.

## PROGRAM TRANSFER POLICY:

Transfers may be requested up to five (5) calendar days before the start of the program by emailing [prca@encinitasca.gov](mailto:prca@encinitasca.gov) and will incur a \$10 transfer fee if the transfer is to a program of equal or lesser value. Transfers to a program of greater value will include the transfer fee, program fee difference, and an additional processing fee. Transfer requests by phone or by leaving a message will not be considered. Transfer requests made less than five (5) calendar days before the start of the class must be submitted by email to [prca@encinitasca.gov](mailto:prca@encinitasca.gov). Transfer requests made less than five (5) days are date stamped and reviewed by management.

# ART NIGHT

## ENCINITAS

ENJOY AN EVENING OF ART AND MUSIC!  
**FREE!**

**SATURDAY, NOVEMBER 16, 5:30-8:30**

**EncinitasCA.gov/ArtNight**



PARKS, RECREATION AND CULTURAL ARTS



# Moonlight Beach Concerts

## 1-5pm

**FREE!**

**BEEBS & HER MONEY MAKERS**

**AUG 11**

**FREE!**

**THE BEAT FARMERS**

**AUG 25**

**FREE!**

CONCERT SERIES SPONSORS:



Bands subject to change. Visit the concerts page online for the latest details including all of the opening bands.

[EncinitasCA.gov/concerts](http://EncinitasCA.gov/concerts)



PARKS, RECREATION AND CULTURAL ARTS



CITY OF ENCINITAS PRESENTS



In Partnership With San Diego Music Society

TICKETS FOR THE 2025 SEASON WILL GO ON SALE IN OCTOBER

[EncinitasCA.gov/concerts](https://EncinitasCA.gov/concerts)

**“One of the best ways to spend a Wednesday afternoon.”**

*-San Diego Union Tribune*

**WEDNESDAYS@NOON**

AT THE ENCINITAS LIBRARY

Featuring outstanding musicians from around town and across the globe performing all styles of music, these donation-based concerts are a popular destination each week.

Admission is free with 100% of all donations going to the performers.

Doors open at 11:30am for general admission seating and close at noon or when capacity is reached.

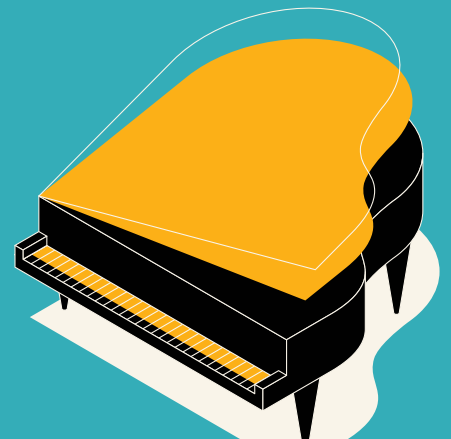
Visit [EncinitasCA.gov/concerts](https://EncinitasCA.gov/concerts) to see who is performing.

**NOTE: THERE IS NO CONCERT ON DECEMBER 25, 2024 NOR ON JANUARY 1, 2025**

## 2025 Youth Piano Concerto Competition

The City of Encinitas will partner with North Coast Symphony Orchestra again to offer this exceptional opportunity. Dates and selected concerti coming soon!

[arts@EncinitasCA.gov](mailto:arts@EncinitasCA.gov) 760-633-2746





# Tramonto music festival

## SEPTEMBER

THU	FRI	SAT
<b>12</b>	<b>13</b>	<b>14</b>
<b>THE ROAD TO JAZZ</b>	<b>PALETTE OF ROMANCE</b>	<b>VIP EVENT + FIREWORKS</b>

Concerts Start 7:00pm At The  
**ENCINITAS LIBRARY**  
540 Cornish Drive 92024

**VIP FESTIVAL PASS: \$145**  
**THREE CONCERT PASS: \$80**  
**SINGLE CONCERT: \$30**

Tickets and Information:  
**EncinitasCA.gov/concerts**  
or call **760-633-2746**

Artists Subject To Change. All Sales Are Final.



**PARKS, RECREATION  
AND CULTURAL ARTS**

# Don't Miss This Beloved Holiday Tradition!

The City of Encinitas Cultural Arts Division will present Encinitas Ballet this winter in a joyful event for all ages to enjoy at the Encinitas Community Center. Audiences can expect an uplifting and magical performance of Tchaikovsky's Nutcracker complete with a dazzling holiday party, giant mice doing battle with toy soldiers, dancing snowflakes, a Nutcracker that transforms into a handsome prince, and exotic dances from around the world.

**Saturday, December 14**  
**Two Shows: 1pm & 5pm**

Tickets available online [EncinitasCA.gov/arts](http://EncinitasCA.gov/arts)  
or call 760-633-2746



**PARKS, RECREATION  
AND CULTURAL ARTS**

# ENCINITAS HOLIDAY PARADE

"CREATIVITY IN MOTION"



**SATURDAY, DECEMBER 7, 5:30PM**

Encinitas will kick off the holiday season at the 2024 Encinitas Holiday Parade on Coast Highway 101.

For event details and parade entry applications, visit [EncinitasParksandRec.com](https://www.EncinitasParksandRec.com)

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Be a proud supporter of quality family events in your community. For sponsorship opportunities, contact [nwhite@encinitasca.gov](mailto:nwhite@encinitasca.gov)



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Artwork by Geoff Allen