

VA



U.S. Department of Veterans Affairs

VA San Diego Healthcare System

3350 La Jolla Village Drive
San Diego, CA 92161
www.sandiego.va.gov

VA San Diego Healthcare System Resource Guide

VETERANS HEALTHCARE ADMINISTRATION

Basic Eligibility Requirements for VA Healthcare:

- Verified active duty military service
- Separation status of under Honorable or General Under Honorable conditions
- 24 months of continuous active duty service after 9/7/1980 (min. service requirement of one day prior to this date)

The VA encourages all Veterans to apply for healthcare benefits so that enrollment eligibility can be determined on an individual basis, as there are a number of exceptions to the basic requirements.

VA Health Benefits and Enrollment:

VA Medical Center La Jolla
3350 La Jolla Village Drive, San Diego, CA 92161
858.552.7523

VA Oceanside Clinic
1300 Rancho del Oro Road, Oceanside, CA 92056
760.643.2059 (call for appointment)

To apply for VA Healthcare Benefits, complete the **VA Form 10-10EZ** "Application for Health Benefits" and submit it to the Health Benefits and Enrollment office or on-line at www.1010ez.med.va.gov

DD-214: To obtain a copy of a service record, complete Standard Form 180 - "Request Pertaining to Military Records" or apply on-line at www.archives.gov/veterans/military-service-records

VA 101 for Veterans and Families: Learn how best to navigate the VA San Diego Healthcare System. RSVP to Karin Kupka 760.643.4841

- La Jolla Medical Center (Conference Room 1525A) - 1st Tuesday of the month from 1030 - 1200
- VA Oceanside Clinic in Oceanside (Conference Room B) - 3rd Wednesday of the month from 1500 - 1630

VETERANS BENEFITS ADMINISTRATION

VA Regional Office – Mission Valley

8810 Rio San Diego Drive
San Diego, CA 92108
800.827.1000

To apply for VA financial benefits, complete **VA Form 21-526** - "Veteran's Application for Compensation and/or Pension" or on-line at www.ebenefits.va.gov

Service Connected Compensation: If a disability is the result of an injury, disability, or an event in military service.

Non-Service Connected Pension Eligibility:

- Age 65 or older OR are permanently and totally disabled,
- Active duty service with at least one day during a period of war,
- 24 months of continuous active duty service after 9/7/1980 (min. service requirement of one day prior to this date), AND
- Income and net worth does not exceed the annual income limit of \$13,855.

GI Bill: To apply for the GI Bill the complete **VA Form 22-1990** – "Application for VA Education Benefits" or on-line at www.gibill.va.gov For more information on education and vocational benefits: 888.442.4551

Discharge Upgrade: A review of military discharge may be requested using **DD Form 293** "Application for the Review of Discharge from the Armed Forces of the United States"

VA Healthcare Eligibility Review for OTH/BCD: Request may be submitted by mail using **VA Form 7131** "Exchange of Beneficiary Information and Request for Administrative and Adjudicative Action"

Re-starting Benefits: If existing VA benefits have been stopped due to incarceration, "release papers" must be presented to the VA Regional Office upon release from custody in order to restart your benefits.

VETERANS SERVICE ORGANIZATIONS

Organization	VAMC La Jolla (1 st Floor)	Mission Valley Clinic (1 st Floor)
American Legion	858.642.6452	619.400.5301
Disabled American Veterans	858.642.6454	619.299.6916
Military Order of the Purple Heart		619.400.5317
Paralyzed Veterans of America	858.642.6456	619.400.5320
Veterans of Foreign Wars	858.642.6457	619.400.5322

Visit these Organizations for assistance with filing claims for VA benefits or applying for a discharge upgrade

San Diego County Veteran Service Office: 858.694.3222 / 760.643.2049 (Oceanside) / 760.740.5572 (Escondido)

San Diego County South Region Military and Veterans Resource Center: 619.731.3345

Veterans Association of North County: 760.722.1510

OTHER BENEFITS

Public Assistance Info Line

866.262.9881

SSI / SSDI 800.772.1213

MediCal / General Relief

866.262.9881

State Disability Insurance

800.480.3287

CalFresh (Food Stamps / EBT)

866.350.3663

MediCare

800.772.1213

For assistance with benefits applications:

Social Security Benefit Clinic

Neil Good Day Center
299 17th Street
San Diego, CA 92101
619.234.3041

Disability Help Center

1833 4th Avenue
San Diego, CA 92101
619.282.1761

Legal Aid Homeless Advocacy Clinic

St. Vincent De Paul
1501 Imperial Avenue
San Diego, CA 92101
619.233.8500

Consumer Center for Health Education & Advocacy

1764 San Diego Avenue #200
San Diego, CA 92110
877.734.3258

Friend to Friend Program

Episcopal Community Services
2144 El Cajon Blvd
San Diego, CA 92104
619.955.8217 x17

MyBenefitsCalwin.org

Online applications for MediCal,
General Relief, CalFresh and Low
Income Health Program

EMPLOYMENT / VOCATIONAL RESOURCES

**VA Wellness and Vocational
Enrichment Clinic (WAVE)**

8989 Rio San Diego Drive, Ste 360
San Diego, CA 92108
619.228.8001

**Interfaith Community Services
Workforce Development**

550 W. Washington Avenue
Escondido, CA 92025
760.489.6380

**PATH Homeless Veterans
Reintegration Program**

299 17th Street
San Diego, CA 92101
619.810.8612

Central Downtown Library Career Center

330 Park Blvd, 5th Floor, Rm 555
San Diego, CA 92101
619.231.4289

**Able Disabled
Homeless Veterans Techworks**

521 Grape St.
San Diego, CA 92101
619.269.9351

Second Chance

6145 Imperial Avenue
San Diego, Ca 92114
619.234.8888

North County Inland Career Center

463 North Midway Drive
Escondido, CA 92027
760.871.1962

North County Costal Career Center

1949 Avenida Del Oro, Suite 106
Oceanside, CA 92056
760.631.6150

South Metro Career Center

4389 Imperial Avenue
San Diego, CA 92113
619.266.4200

East County Career Center

924 East Main Street
El Cajon, CA 92021
619.590.3900

Metro Career Center

3910 University Ave # 300
San Diego, CA 92105
619.516.2200

South County Career Center

1111 Bay Boulevard, Suite E
Chula Vista, CA 91911
619.628.0300

**VVSD Metropolitan
Employment Program**

4141 Pacific Highway
San Diego, CA 92110
619.393.2080

**VVSD North County
Employment Program**

649 W. Mission AVE, STE 9
Escondido, CA 92025
760.740.5604

**VVSD Southeast County
Employment Program**

401 Mile of Cars Way, STE 300
National City, CA 91950
619.791.3356

FINANCIAL RESOURCES

Semper Fi Fund

www.semperfund.org
760.519.6984

Operation Home Front

www.operationhomefront.net
855.282.0960

American Legion

415.431.2400
Must have Dependent Children in Household

USA Cares

www.usacares.org
800.773.0387

Salute Heroes Org

www.saluteheroes.org/
703.921.4605

UnmetNeeds.com (VFW)

www.unmetneeds.com
800.839.1899

Folds of Honor Foundation

www.foldsofhonor.org
918.274.4700

America's Fund

www.americasfund.org
202.412.0611

National Military Family Association

www.nmfa.org
703.931.6632

MEDICAL CARE

VA Patient Aligned Care Team (PACT) Clinic – AKA Primary Care Call Center: 07:30 – 15:45 (M – F) / 858.552.7475 or 619.400.5050

La Jolla Clinic 3350 La Jolla Village Drive San Diego, CA 92161 858.552.7475 Social Worker: 858.642.3003	Mission Valley Clinic 8810 Rio San Diego Drive San Diego, CA 92108 619.400.5050 Social Workers: 619.400.5112 619.680.1718	Sorrento Valley Clinic 10455 Sorrento Valley Road San Diego, CA 92121 858.552.7475 Social Worker: 858.354.3719	Homeless - Patient Aligned Care Team (H-PACT) Clinic for Chronically Homeless Veterans who are not assigned a PCP Social Worker: 858.646.8161
Imperial Valley Clinic 1600 South Imperial Ave, Ste 1 El Centro, CA 92243 760.352.1506 Social Worker: 760.352.1506	Chula Vista Clinic 865 Third Avenue Chula Vista, CA 92910 619.409.1600 Social Worker: 619.476.6062	Escondido Clinic 815 E. Pennsylvania Avenue Escondido, CA 92025 760.466.7020 Social Worker: 858.354.3719	Oceanside Clinic 1300 Rancho del Oro Road Oceanside, CA 92056 760.643.2000 Social Worker: 760.643.4841

***Please call in advance to confirm Social Work availability prior to presenting to the assigned PACT clinic

VA Telecare Advise Nurse: (24/7) / 877.252.4866 VA Pharmacy: 858.552.7450 Pharmacy Refill Line: 858.552.4390

FAMILY HEALTH CENTERS OF SAN DIEGO (NON-VA MEDICAL CARE)

Beach Area FHC 3705 Mission Blvd San Diego, CA 92109 619.515.2444	Chase Ave FHC 111 W. Chase Ave El Cajon, CA 92020 619.515.2499	Chula Vista FHC 251 Landis Avenue Chula Vista, CA 91910 619.515.2500	City Heights FHC 5454 El Cajon Blvd San Diego, CA 92115 619.515.2400	Diamond FHC 4725 Market Street San Diego, CA 92102 619.515.2560	Downtown FHC 1250 6th Avenue San Diego, CA 92101 619.515.2430
Elm Street FHC 140 Elm Street San Diego, CA 92101 619.515.2520	FHC at City College 1550 Broadway Suite 2 San Diego, CA 92101 619.515.2525	FHC at Commercial 2325 Commercial Suite 1400 San Diego, CA 92113 619.515.2422	Grossmont FHC 8788 Jamacha Rd Spring Valley, CA 92911 619.515.2555	Hillcrest FHC 4094 4th Avenue San Diego, CA 92103 619.515.2545	Ibarra FHC 4874 Polk Avenue San Diego, CA 92105 619.515.2426
Lemon Grove FHC 7592 Broadway Lemon Grove, CA 91945 619.515.2550	Logan Heights FHC 1809 National Ave San Diego, CA 92113 619.515.2300	North Park FHC 3544 30 th Street San Diego, CA 92104 619.515.2424	Oak Park FHC 5160 Federal Blvd San Diego, CA 92105 619.515.2454	Rice FHC 352 L Street Chula Vista, CA 91911 619.515.2325	Sherman Heights FHC 2391 Island Avenue San Diego, CA 92102 619.515.2435

VISION

VA Optometry: 858.552.8585 x7180 - Provides services to Veterans who have 10% Service Connection or greater.

Lens Crafters Gift of Sight Program: 1.877.753.6727 / Lions Optometric Vision Clinic: 619.298.5273

NON-VA DENTAL CARE

Children's Dental Health Center 1270 24 th Street San Diego, CA 92102 619.234.9131	Comprehensive Health Center 3177 Oceanside Blvd San Diego, CA 92113 619.398.1534	Grossmont FHC 8788 Jamacha Road Spring Valley, CA 91977 619.515.2330	La Maestra Community Health Center 183 South First Street El Cajon, CA 92019 619.328.1335	La Maestra Community Health Center 7967 Broadway Avenue Lemon Grove, CA 92019 619.741.7423	La Maestra Community Health Center 4305 University Ave San Diego, CA 92105 619.285.8135
Logan Heights Family Health Center 1809 National Ave San Diego, CA 92113 619.515.2394	Neighborhood Healthcare 425 N. Date St, Ste 129 Escondido, CA 92025 760.520.8330	Neighborhood Healthcare – Lakeside 10039 Vine Street Lakeside, CA 92040 619.390.9135	North Park Dental Clinic 3544 30 th Street San Diego, CA 92104 619.515.2434	North County Health 2201 Mission Avenue, Suite 103 Oceanside, CA 92054 760.400.0277	North County Health 217 Earlham Street Ramona, CA 92065 760.789.1223
North County Health Services 150 Valpreda Road San Marcos, CA 92069 760.736.6794	Operation Samahan Health Clinic 10737 Cam Ruiz # 235 San Diego, CA 92126 858.578.4220	San Diego American Indian Health Center 2630 First Avenue, San Diego, CA 92103 619.234.2158	Southern Indian Health Council 4058 Willows Road Alpine, CA 91901 619.445.1188	Southern Indian Health Council 36350 Church Road Campo, CA 91906 619.445.1188 x2	Vista Community Clinic 1000 Vale Terrace Vista, CA 92084 760.631.5000 x1289

*Call individual clinics to find out about fee scales and services offered

MENTAL HEALTH

*****Call 9-1-1 for Psychiatric Emergencies*****

VA Mental Health Access Clinic / 858.642.3391

Initial assessment for mental health services and referrals for follow-up treatment.

Walk-in hours : Monday through Friday from 0800-1430 at the VA Medical Center in La Jolla (2nd Floor, North Wing).

Courage to Call – Veterans Hotline / 877.698.7838 - 24/7 helpline with links to community resources throughout San Diego

Veterans Crisis Hotline / 800.273.8255 (Press 1) - 24/7 confidential support for Veterans in crisis and families and friends

Access and Crisis Line / 888.724.7240 - 24/7 crisis and information line, referrals to community mental health clinic

WarmLine / 619.295.1055 or 800.930.9276 - 15:30 to 23:00, 7 days a week, peer to peer support line

VET CENTERS

Readjustment Counseling for Combat Veterans & treatment for Military Sexual Trauma

San Diego Vet Center 2790 Truxton Road, Suite 130 San Diego, CA 92106 858.642.1500	San Marcos Vet Center One Civic Center Drive, Suite 140 San Marcos, CA 92069 760.744.6914	Chula Vista Vet Center 180 Otay Lakes Road, Suite 108 Bonita, CA 91902-2439 877-618-6534 Or 877-927-8387
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Aspire Center / 855.297.8397- Residential treatment program for Post-Traumatic Stress Disorder and Traumatic Brain Injury.

NON-VA COMMUNITY MENTAL HEALTH CLINICS

Jane Westin Center	1568 Sixth Avenue, San Diego, CA 92101	619.235.2600
North Central Mental Health Center	1250 Morena Blvd, 1st Floor, San Diego, CA 92110	619.692.8750
CRF Douglas Young Center	10717 Camino Ruiz, Suite 207, San Diego, CA 92126	858.695.2211
Project Enable	286 Euclid Avenue, Suite 102, San Diego, CA 92114	619.266.2111
Maria Sardinias Center	1465 30th Street, Suite K, San Diego, CA 92154	619.428.1000
North Coastal Mental Health Center	1701 Mission Ave, Suite A, Oceanside, CA 92054	760.967.4475
North Inland Mental Health Clinic	125 W. Mission Ave, Suite 103, Escondido, CA 92025	760.747.3424
Exodus Recovery, Inc.	660 E. Grand Avenue, Escondido, CA 92025	760.796.7760
Kinesis North	474 W. Vermont Ave, Suite 101, Escondido, CA 92025	760.480.2255
Mental Health Systems Vista	550 W. Vista Way, Suite 407, Vista, CA 92083	760.758.1092
East County Mental Health Center	1000 Broadway, Suite 210, El Cajon, VA 92021	619.401.5500
Heartland Center	1060 Estes Street, El Cajon, CA 92020	619.440.5500
South Bay Guidance Center	835 3 rd Ave, Suite C, Chula Vista, CA 91911	619.427.4661
Imperial County Behavioral Health	220 Main Street, Brawley, CA 92227	760.351.2820

SUBSTANCE ABUSE TREATMENT

VA Substance Abuse Recovery and Rehabilitation Treatment Program (SARRTP) 858.552.7560

Intakes can be started on a walk-in basis Monday through Friday from 0800 – 1430 at the VA Medical Center in La Jolla (2nd Floor, North Wing) or by appointment. Upon completion of the evaluation process, treatment recommendations are made that may include:

Levels of treatment offered:

- Inpatient Treatment: 28-day program at the VA Medical Center in La Jolla (2nd Floor, West Wing)
- Outpatient Services: Groups/Individual counseling offered at the Medical Center or Community Based Outpatient Clinics
- Recovery Home: VA-contracted recovery home placement in conjunction with outpatient services

VA CONTRACT RECOVERY HOMES

Heartland House	5855 Streamview Drive, San Diego, CA 92105	619.287.5460
Veterans Village of San Diego	4141 Pacific Highway, San Diego, CA 92110	619.497.0142

RESIDENTIAL SERVICES

Amigos Sobrios (Men)	741 11th Avenue, San Diego, CA 92101	619.232.7754
Amity Vista Ranch (Men)	2260 Watson Way, Vista, CA 92083	760.599.1892
Casa Raphael (Men)	993 Postal Way, Vista, CA 92083	760.630.9922
Crossroads (Women)	3594 Fourth Avenue, San Diego, CA 92103	619.296.1151
CRASH – Short Term I (Men)	4161 Marlborough Avenue, San Diego, CA 92105	619.282.7274
CRASH – Short Term II (Women)	2410 E Street, San Diego, CA 92102	619.234.3346
CRASH – Bill Dawson Program (Men/Women)	726 F Street, 2nd Floor, San Diego, CA 92101	619.239.9691
Fellowship Center (Men)	737 East Grand Avenue, Escondido, CA 92025	760.745.8478
San Diego Freedom Ranch (Men)	1777 Buckman Springs Road, Campo, CA 91906	619.478.5696
House of Metamorphosis (Men/Women)	2970 Market Street, San Diego, CA 92102	619.236.9217
MAAC Project – Casa de Milagros (Latina Women)	1127 South 38th Street, San Diego, CA 92113	619.262.4002
MAAC Project – Nosotros (Latino Men)	73 N. Second Avenue, Bldg B, Chula Vista, CA 91910	619.426.4801
MHS – Family Recovery Center (Women/Kids)	1100 Sportfisher Drive, Oceanside, CA 92054	760.439.6702
MITE – KIVA, East Wing (Women/Children)	2049 Skyline Drive, Lemon Grove, CA 91945	619.465.7303
Serenity House & Serenity Center (Women/Kids)	1341 N. Escondido Boulevard, Escondido, CA 92025	760.747.1015
Pathfinders (Men)	2980 Cedar Street, San Diego, CA 92102	619.239.7370
Stepping Stone (Gay/Lesbian emphasis)	3767 Central Avenue, San Diego, CA 92105	619.278.0777
Tradition One (Men)	4104 Delta Street, San Diego, CA 92113	619.264.0141
Turning Point (Women)	1315 25th Street, San Diego, CA 92102	619.233.0067
VOA Renaissance Treatment Center (Men/Women)	Call for Location	619.232.9343
Way Back (Men)	2516 A Street, San Diego, CA 92102	619.235.0592

NON-RESIDENTIAL SERVICES

FHC of San Diego (Gay/Lesbian emphasis)	3928 Illinois St. #101, San Diego, CA 92104	619.515.2586
MITE – East County Regional Recovery Center	1365 North Johnson Avenue, Suite 111, El Cajon, CA 92020	619.440.4801
MITE – North Coastal Regional Recovery Center	2821 Oceanside Boulevard, Oceanside, CA 92054	760.721.2781
MITE - North Inland Women’s Recovery Center	751 Rancheros Road, Suite #5, San Marcos, CA 92069	760.761.0515
MITE – South Bay Regional Recovery Center	1180 Third Avenue, C-3, Chula Vista, CA 91911	619.691.8164
MITE – South Bay Womens Recovery Center (Women/Kids)	2414 Hoover Street, National City, CA 91950	619.336.1226
MHS – Central East Regional Recovery Center	6244 El Cajon Boulevard, Suite 15, San Diego, CA 92115	619.287.8225
MHS – Family Recovery Center (Women/Kids)	1100 Sport Fisher Drive, Oceanside, CA 92054	760.439.6702
MHS – Harmony Women’s Recovery Center (Women/Kids)	6154 Mission Gorge Road, Suite 120, San Diego, CA 92120	619.285.1718
MHS – North Inland Regional Recovery Center	200 East Washington Avenue, #100, Escondido, CA 92025	760.741.7708
MHS – Mid-Coast Regional Recovery Center	3340 Kemper Street, Suite 105, San Diego, CA 92110	619.523.8121
ParentCare Family Recovery Center (Women/Kids)	4990 Williams Avenue, La Mesa, CA 91942	619.668.4200
ParentCare Family Recovery Center	4125 Alpha Street, San Diego, CA 92113	619.266.0166
Rachel’s Women’s Center (Women)	759 Eighth Avenue, San Diego, CA 92101	619.696.0873
UCSD Co-Occurring Disorders Program	140 Arbor Drive, San Diego, CA 92103	619.543.7625
Union of Pan Asian Communities	3288 El Cajon Boulevard, Suite 13, San Diego, CA 92104	619.521.5720
Volunteers of America Inebriate Reception Center	101 16th Street, San Diego, CA 92101	619.232.9343

DETOXIFICATION

McAlister Institute	Call for Location	619.442.0277
Volunteers of America	Call for Location	619.232.9343

County of San Diego Alcohol and Drug Services Information and Referral line / 619.692.5727

Sober Living Association / 800.799.2084 - call for a list of active sober living homes in San Diego

HOUSING RESOURCES

National Call Center for Homeless Veterans
877.424.3838

VA Healthcare for Homeless Veterans
855.235.2413

San Diego Info Line
2-1-1

HOMELESS SHELTERS

Organization	Location	Phone	Accommodations
Bread of Life	1919 Apple Street Oceanside, CA 92054	760.566.5253	Men and Women
Brother Benno's Center	3260 Production Ave Oceanside, CA 92054	760.439.1244	Men, women, and children
Catholic Charities La Posada de Guadalupe	2478 Impala Drive Carlsbad, CA 92010	760.929.2322	Men only
Center for Community Solutions	106 S. Grape Street Escondido, CA 92025	760.747.6282	Women and Families (DV)
Haven House at Interfaith Community Services	550 West Washington Ave Escondido, CA 92025	760.489.6380 x267	Men and Women
Operation Hope	859 East Vista Way Vista, CA 92084	760.724.0015	Single women and women with children
Rachel's Women's Center	759 8 th Avenue San Diego, CA 92101	619.236.9074	Women only No children
San Diego Rescue Mission Nueva Vida Haven	120 Elm Street San Diego, CA 92101	619.819.1844 619.687.3720	Single Men Women and children
The Salvation Army	824 Seventh Ave San Diego, CA 92101	619.231.6000 x2451	Men Only
South Bay Community Services	430 F Street Chula Vista, CA 91910	619.426.2350	Couples Families with children
Solutions for Change	722 California Street Vista, CA 92083	760.941.6545	Families with Children
St. Vincent De Paul Village / Father Joe's Villages	1501 Imperial Ave San Diego, CA 92101	619.233.8500 x1355	Individuals and Families

***Call 2-1-1 for current shelter bed availability

Single Room Occupancy (SRO) hotels: Typically single room units with a bed, small refrigerator and microwave. These units can be affordable because they offer lower rents and usually do not require security deposits or first and last month's rent. Find current SROs by calling 2-1-1 or on-line at sdhc.org

Board & Care Facilities: Typically shared bedroom arrangements where meals, laundry, and cleaning services are included. Find current Board and Care facilities by calling 619.542.1434 or 2-1-1.

Section 8 Rental Assistance Program: Provides rent subsidies to lower-income and special needs households. For the application and waiting list information recording call 619.578.7305. Online application: www.sdhc.org

Safe Parking Program – Dreams for Change / 619.497.0236 – Safe, overnight parking. Check in time nightly between 18:00 – 19:30. Housing resources provided. Locations: 766 28th Street, San Diego, CA 92102 and 8804 Balboa Avenue, San Diego, CA 92123

Recuperative Care / 760-739-9358 - Housing and support services for Veterans in need of short-term medical and/or mental health stabilization and intensive case management prior to moving into appropriate transitional and/or permanent housing.

Housing and Urban Development-VA Supported Housing (HUD-VASH) / HUD provides rental assistance to chronically homeless Veterans with intensive case management needs. VA case managers

Supportive Services for Veterans Families (SSVF) assists low-income Veterans and their families by providing outreach, case management, and assistance in obtaining VA and other public benefits.

Veterans Community Services	800-974-9909
Veterans Village of San Diego	619-961-2165
St Vincent De Paul Village	619-233-8500 x 1120
Crisis House	619-444-1194 x 304
Volunteers of America	619-481-3571

VISPDAT Assessment Sites

Vulnerability Index and Service Prioritization Decision Assistance Tool (VI-SPDAT) enables providers to fairly and uniformly provide resources to those in need based on: 1) Level of need 2) Score on the assessment 3) Available housing resources

<p>Veterans Community Services Tu, Th, Fri 0900 – 1600 Wed 1200 – 1600</p> <p>330 W. Felicita Ave, Suite E-4 Escondido, CA 92025 800.974.9909</p> <p>5605 El Cajon Blvd San Diego, CA 92115 800.974.9909</p> <p>765 Third Ave, Suite 305 Chula Vista, CA 91910 (800)-974-9909</p> <p>327 Van Houten El Cajon, CA 92020 800.974.9909</p>	<p>Father Joe’s - Day Center Monday - Friday 0600 - 1400</p> <p>299 17th Street San Diego, CA 92101 619.230.7390</p>	<p>Friend to Friend Clubhouse Thursdays 0900 – 1500</p> <p>2144 El Cajon Blvd San Diego, CA 92104 619.955.8217</p>
	<p>Father Joe’s -Village Monday - Friday 0800-1400</p> <p>1501 Imperial Ave San Diego, CA 92101 619.233.8500</p>	<p>Alpha Project- Casa Raphael M, Tu, W, F 1200 - 1500</p> <p>993 Postal Way Vista, CA 92083 760.630.9922</p>
	<p>Interfaith Community Services <i>Veterans:</i> Mon-Fri 1300-1500 <i>Open to all:</i> Tu, Th 0800-1000</p> <p>550 W. Washington Ave Escondido, CA 92025 760.489.6380</p>	<p>TAY Academy (ages 18-25) Monday and Friday 0900 - 1300 Wednesday 1000 – 1700</p> <p>215 Barnes St Oceanside, CA 92054 760.908.9647</p>
	<p>Rachael’s Women’s Center Mon 1300 – 1500 Fri 1000-1200 / 1330-1500</p> <p>759 8th Avenue San Diego, CA 92101</p>	<p>Community Resource Center Monday-Friday 0900 – 1600</p> <p>650 Second Street Encinitas, CA 92024 760.753.8300</p>
<p>Salvation Army SD Centre City Corps 825 7th Ave San Diego, CA 92101</p>	<p>South Bay Community Services Tu 1600 – 1800 (singles) Fri 0900 – 1230 (families)</p> <p>430 F Street Chula Vista, CA 92910 619.420.3620</p>	<p>Veterans Village San Diego (VVSD) Supportive Services for Veteran Families Monday-Friday 0900 – 1700</p> <p>3320 Kemper St., Ste. 104 San Diego, CA 92110 619.961.2165</p>
<p>CARE Community Center Wed 1500 - 1800</p> <p>12 N. Euclid Ave National City, CA 91950 619.356.4489</p>		
<p>Crisis House M&F 0830-1030 W 0830 – 1030</p> <p>1034 Magnolia Ave El Cajon, CA 92020 619.444.1194</p>	<p>Oceanside Police Homeless Outreach Team Thursdays 1330 – 1500</p> <p>307 N. Nevada Street Oceanside, CA 92054</p>	<p>South Bay Community Services TAY Academy (ages 18-23) Th 1200- 1500 746 Ada Street Chula Vista, CA 91911</p>

Veteran Assessment Line & Housing Navigator check / 855.813.1131 Monday - Friday 0700 - 1900

*** To expedite the placement process, start collecting documentation (ex: CA ID, SS card, Birth Certificate, DD214) needed for federally funded housing resources.

TRANSPORTATION RESOURCES

Veterans Transportation Service / Rides to the VA 858.552.7572 www.va.gov/healthbenefits/vtp/veterans_transportation_service.asp

VA Traveling Veterans Coordinator / Charles Kirkman 858.552.7448

RideFACT - Facilitation Access to Coordinated Transport / 888.924.3228 www.factsd.org

On the Go: Transportation Services for Older Adults / 858.637.3210 www.ifssd.org/ontheho

Operation We Are Here / www.operationwearehere.com/airtravelassistance.html

Travelers Aid Society of San Diego / 619.295.8393 www.travelersaidsandiego.org

Metropolitan Transit System (MTS) / Information and Trip Planning - Call 5-1-1 www.sdmts.com

MTS Access / 844.299.6326 www.sdmts.com/rider-info-accessibility/mts-access

UTILITY ASSISTANCE

MAAC / For bill assistance over \$20 call 619.409.1697. For shut off notice call 619.409.7584.

SDGE Energy Saving Programs / 800.411.SDGE (7343)

Family Electric Rate Assistance (FERA) / www.cpuc.ca.gov/PUC/energy/Low+Income/fera.htm

Neighbor-to-Neighbor Fund / call 2-1-1

Campesinos Unidas / 619.391.9790 - Low income energy bill assistance

WOMANS VETERANS RESOURCES

The VA provides comprehensive health care services to meet the unique needs of women Veterans.

Women Veterans Program Manager: 858.642.3676

Maternity Care Coordinator: 858.344.6999

Military Sexual Trauma Program: 619.400.5189

RESOURCES FOR SENIORS

Veterans Homes "provide the state's aged or disabled veterans with rehabilitative, residential, and medical care and services in a home-like environment at the California Veterans Homes."

Veterans Home of California, Barstow	800.746.0606
Veterans Home of California, Chula Vista	888.857.2146
Veterans Home of California, Yountville	800.400.8387
Veterans Home of California, Lancaster	661.477.5829
Veterans Home of California, Ventura	805.765.5601
Veterans Home of California, West Los Angeles	424.832.8202

Serving Seniors / 619.235.6572 and www.servingseiors.org – provides meals, housing, health services for seniors 60+

Meals on Wheels / 800.573.6467 and www.meals-on-wheels.org - for seniors 60+

A Right Place for Seniors – Free placement agency for seniors and their families. www.arightplaceforseniors.com/sandiego

CAREGIVER RESOURCES

VA National Caregiver Support / 855.260.3274 www.caregiver.va.gov

www.care.com & www.carelinx.com / Links caregivers with patients

HOUSING RESOURCES FOR THOSE WITH MEGAN'S LAW/JESSICA LAW BARRIERS

*Please verify 290 requirements and suitability of placement options with supervising authorities.

Motel 6 / 619.232.8931 - 2353 Pacific Coast Hwy, San Diego, CA 92101

Hotel Iris / 619.297.1691 - 625 Hotel Circle South, San Diego, CA 92108

El Cajon Inn & Suites / 619.444.8147 - 1368 East Main Street, El Cajon, CA 92021

Super 8 / 619.470.8877 - 2435 Sweetwater Road, National City, CA 91950

Adonai-Jireh Sober Living / 760.295.3898

Etheridge Center / 619.231.6361- 405 63rd Street, San Diego, CA 92114 (substance abuse treatment, \$650/month)

HEALTHCARE FOR HOMELESS VETERANS (HCHV)

HCHV Program Office: 619.497.8989 / 7410 Mission Valley Road, San Diego, CA 92108.

VA National call Center for Homeless Veterans: 877.4AID.VET (877.424.3838)

Homeless Outreach Clinic Schedule

Outreach services include referrals for healthcare, mental health, substance abuse, housing, employment and other resources.
Walk-ins are welcomed at all clinics. Clinic hours are subject to change or cancellation.

MONDAY:	VAMC La Jolla (2 North) 7:30 AM – 2:00 PM 3350 La Jolla Village Drive San Diego, CA 92161	VVSD Bridge Shelter 8:00 AM – 10:00 AM	
TUESDAY:	VAMC La Jolla (2 North) 7:30 AM – 2:00 PM 3350 La Jolla Village Drive San Diego, CA 92161		
WEDNESDAY:	VAMC La Jolla (2 North) 7:30 AM – 2:00 PM 3350 La Jolla Village Drive San Diego, CA 92161		
THURSDAY:	VAMC La Jolla (2 North) 7:30 AM – 2:00 PM 3350 La Jolla Village Drive San Diego, CA 92161	VA Oceanside Clinic 8:00 AM – 11:30 AM 1300 Rancho del Oro Oceanside, CA 92056 760.643.4698	
FRIDAY:	VAMC La Jolla (2 North) 7:30 AM – 2:00 PM 3350 La Jolla Village Drive San Diego, CA 92161	PATH / Family Health Center (Medical Services Only) 8:00 AM – 12:00 PM 1250 6 th Avenue, Suite 100 San Diego, CA 92101 858.646.8161	San Diego Day Center 9:00 AM – 11:00 299 17 th Street San Diego, CA 92101 619.234.3041

Veteran Benefits Administration (VBA) Clinic for Homeless Veterans

The representative is here to answer questions and provide assistance specifically to HUD-VASH clients.

Topics include: Service Connected Compensation, Non-Service Connected Pension, initiating or following-up on claims, review of letters received from VBA, among other information.

Saint Vincent de Paul 1501 Imperial Ave, San Diego, CA 92101 2 nd & 4 th Monday of each month @ 1200	VA San Diego Counseling Center (SDCC) 7410 Mission Valley Road, San Diego, CA 92108 2 nd and 4 th Friday of each month @ 1230
Interfaith Community Services - Oceanside 1617 Mission Ave, Oceanside, CA 92058 1 st Friday of each month @ 1300 3 rd Tuesday of each month @ 1000	Interfaith Community Services – Escondido 550 W. Washington Ave, Escondido, CA 92025 2 nd & 4 th Tuesday of each month @ 1300

Program	Location	Food	Clothing	Laundry	Showers	Mail	Drop-In Center
Brother Benno's Center 760.439.1244	3260 Production Avenue Oceanside, CA 92054	X	X		X	X	X
Crisis House 619.444.1194	1034 Magnolia Ave El Cajon, CA 92020	X				X	X
Community Resource Center 760.753.8300	650 2nd Street Encinitas, CA 92024	X				X	X
God's Extended Hand 619.234.3251	469 16th Street San Diego, CA 92101	X	X				
Journey Food and Clothing Bank 619.464.4544	8363 Center Drive La Mesa, CA 91942	X	X				
Emergency Services - Claremont 858.274.2273	4167 Rappahannock Ave San Diego, CA 92117	X	X			X	
Emergency Services – Ramona 760.789.4458	733 Main Street Ramona, CA 92065	X	X				
Emergency Services – Joyce Snyder 858.272.0163	1675 Garnet Avenue San Diego, CA 92109	X	X				
Emergency Services – Salvation Army 619.473.0165	Call for location	X	X				
Episcopal Diocese of San Diego 619.291.5947	Call for location	X			X	X	
Fallbrook Community Project 760.728.7608	1042 S. Mission Fallbrook, CA 92028	X	X				
Family Services Centre City 619.699.2216	730 F Street San Diego 92101	X	X				
Imperial Beach United Methodist Church 619.424.5181	455 Palm Avenue Imperial Beach, CA 91932	X	X		X		
Interfaith Carlsbad Service Center 760.448.5696	5731 Palmar Way, Suite A Carlsbad, CA 92010	X	X				X
Interfaith Community Services - N. Central 760.489.6380	550 W. Washington St Escondido, CA 92025	X		X	X	X	
Interfaith Community Services - N. Costal 760.721.2117	4700 North River Road Oceanside, CA 92054	X	X			X	
Helping Hands Outreach Ministries 619.937.0197	309 Prescott Avenue El Cajon, CA 92020	X	X				
Helping Hands – St. Peter's Episcopal Church 858.755.1616	334 14 th Street Del Mar, CA 92104	X	X				
Mid-City Christian Fellowship 619.944.1911	4100 Fairmont Avenue San Diego, CA 92105	X	X				
North County Costal Service Center 760.721.2117	1905 Apple Street, Ste 5 Oceanside, CA 92054	X	X				
San Diego Day Center 619.230.7390	299 17 th Street San Diego, CA 92101			X	X	X	X
Presbyterian Crisis Center 619.232.2753	2459 Market Street San Diego, CA 92101		X				
Project Hand Emergency Assistance 619.425.4061	580 Hilltop Drive Chula Vista, CA 91910	X	X				
Rachel's Women's Center 619.696.0873	759 8 th Avenue San Diego, CA 92101	X	X	X	X		X
San Diego Food Bank 866.350.3663	Call for neighborhood distribution programs	X					
Sister Delores Social Outreach 619.427.7637	278 Alvarado Street Chula Vista, CA 91910	X	X				
So Others May Eat, Inc 858.414.8281	Call for Locations	X	X				
Think Dignity 619.537.8736	1228 University Ave #200 San Diego, CA 92103			X	X		
Turning the Hearts Center 619. 691.9643	345 5 th Avenue Chula Vista, CA 91910				X		
Uptown Faith Community Services 619.281.8411	4101 30 th Street, Ste B San Diego, CA 92104		X			X	

VA GRANT AND PER DIEM (GPD) TRANSITIONAL HOUSING PROGRAMS

Eligibility for VA Healthcare not required.
 All characters of discharge accepted, except Dishonorable.
 Must have at least one day of active duty service, outside of training.

<p>Interfaith Community Services Bridge Bed Program 1617 Mission Avenue Oceanside, CA 92058 760.529.9979</p>	<p>32-bed bridge housing program for male and female Veterans with a permanent housing plan Length of stay: Approximately 90-days Sobriety: Housing-first model Referral Process: Present to the ICS lobby between 0900-1100 Mon – Fri</p>
<p>Interfaith Community Services Oceanside Apartments 1617 Mission Avenue Oceanside, CA 92058 760.529.9979</p>	<p>40-bed, service-intensive, transitional housing program for male and female Veterans Length of stay: Through September 30, 2018 Sobriety: Sobriety required at admission and throughout program stay Referral Process: Present to the ICS lobby between 0900-1100 Mon – Fri</p>
<p>Veterans Village of San Diego Welcome Home 4141 Pacific Highway San Diego, CA 92110 619.264.7401</p>	<p>6-unit bridge housing program for families with female Veterans that have a permanent housing plan Length of stay: Approximately 90-days Sobriety: Housing-first model Referral Process: Walk-in during business hours for interview with Intake Coordinator. Intake Facility is not the location site for this program.</p>
<p>Veterans Village of San Diego Veterans On Point 2077 Kurtz Street San Diego, CA 92110 619.393.2039</p>	<p>80-bed bridge housing program for male and female Veterans with a permanent housing plan Length of stay: Approximately 90-days Sobriety: Housing-first model Referral Process: Walk-in during business hours for interview with Intake Coordinator</p>
<p>Veterans Village of San Diego Veterans Rehab Center 4141 Pacific Highway San Diego, CA 92110 619.393.2041</p>	<p>161-bed substance abuse and mental health rehabilitation facility for male and female Veterans Length of stay: Approximately one year Sobriety: No pre-admission requirement, but required throughout program stay Referral Process: Walk-in interview hours – 8:00 - 11:30 M, W, Th, Fri</p>
<p>St. Vincent De Paul 1501 Imperial Avenue San Diego, CA 92101 619.233.8500 x0</p>	<p>50-bed, low-demand, transitional housing program for chronically homeless Veterans, Veterans with mental health issues, or Veterans with a history of repeated unsuccessful housing attempts. Male and female Veterans and families accepted. Length of stay: Maximum stay two years Sobriety: Housing-first model Referral Process: Present to reception and request Veteran-specific housing</p>
<p>Volunteers of America Hawley House 9980 Hawley Road El Cajon, CA 92021 619.561.9808</p>	<p>20-bed bridge housing program for male Veterans with a permanent housing plan Length of stay: Approximately 90-days Sobriety: No period of sobriety required for entry, but sober living required after intake. Referral Process: Call program for interview</p>

LEGAL RESOURCES

Thomas Jefferson School of Law – Veterans Self-Help Clinic / 619.961.4369 – Legal assistance for low to moderate income Veterans.

Legal Aid Society / 877.534.2524 – Free or low cost legal assistance for consumer and criminal matters, family disputes, welfare and health benefits, immigration and poverty law issues.

San Diego Volunteer Lawyer Program / 619. 235.5656 – Serves the homeless, abused children, domestic violence victims, elder abuse victims, Veterans, immigrants and HIV/AIDS sufferers.

Center for Community Solutions / 858.272.1574 - Offers legal assistance with the following: restraining orders, family law, and general legal counsel/referral.

University of San Diego (USD) Legal Clinic / 619.260.7470 or 619.260.7425 – Provides free legal assistance to low-income residents of San Diego County regarding issues such as civil cases, entrepreneurship, immigration, income tax, landlord/tenant matters, small claims, and special education.

University of San Diego (USD) Veterans Legal Clinic / 619.260.7470 - Represents Veterans in disputes with predatory lenders and schools over the use of GI Bill funds and related loans. Assists with appealing denied benefits and discharge upgrades.

Family Justice Center / 619.533.6043 – Provides legal, medical, and social services to victims of domestic violence.

Senior Citizens Legal Services / 858.565.1392 – Provides counseling and advice sessions for legal issues for seniors ages 60 and older.

Lawyer Referral and Information Service (San Diego County Bar Association) / 800.464.1529 or 619.231.8585 – Provides assistance finding an attorney specific to the legal needs.

California Veterans Legal Task Force / 619.731.3356 – Helps Veterans upgrade discharges and apply for social security benefits.

Veterans of Foreign Wars (VFW) Legal Clinic / www.hrtroups.org/news/events 858.433.0525 – Assists with military discharge upgrade.

Clean Slate Clinic / 619.940.7577 – Expungement assistance.

Family Law Facilitator’s Office / www.sdcourt.ca.gov (search “family law facilitator” on site) – Divorce assistance

Military Assistance Project / www.militaryassistanceproject.org – Bankruptcy assistance.

Bankruptcy Self-Help Center / 877.534.2524 – Free assistance Wednesdays 1400 – 1600 at 325 West F Street, 2nd Floor Law Library, San Diego, CA 92101

Department of Child Support Services Veteran Liaisons / heretohelp@sdcounty.ca.gov / North County - 760.740.5624 / Central San Diego 619.578.6707 / South County – 619.731.3591

Community Law Project / www.cwclp.org – Legal clinics that provide free and confidential legal Information and referrals:

Clinic Location	Day / Time
Hoover High School – 4474 El Cajon Blvd, San Diego, CA 92115	Tuesdays 12:00 – 2:00 PM
Rosa Parks Elementary School – 4510 Landis Street, San Diego, CA 92105	Fridays 8:30 – 11:00 AM
First Lutheran Church – 1420 Third Avenue, San Diego, CA 92101	Mondays 5:30-8:30 PM
Lemon Grove Academy Middle School – 7866 Lincoln St, Lemon Grove, CA 92145	One Friday each month 1:00 – 4:00 PM **
Presbyterian Church – 120 Stevens Avenue, Solana Beach, CA 92075	One Tuesday each month 5:00 – 8:00 PM **
St. Leo’s Mission – 963 Genevieve Street, Solana Beach, CA 92075	One Wednesday each month 5:00 – 8:00 PM **

**Check website for the specific date of clinic. All clinics may be closed for holidays – see website for updates and closures.

VETERANS TREATMENT COURT (VTC): Contact defense counsel to request VTC. All referrals are generated by the sentencing judge.

PENAL CODE 1170.9

1170.9 (a) “In the case of any person convicted of a criminal offense who could otherwise be sentenced to county jail or state prison and who alleges that he or she committed the offense as a result of sexual trauma, traumatic brain injury, post-traumatic stress disorder, substance abuse, or mental health problems stemming from service in the United States military, the court shall, prior to sentencing, make a determination as to whether the defendant was, or currently is, a member of the United States military and whether the defendant may be suffering from sexual trauma, traumatic brain injury, post-traumatic stress disorder, substance abuse, or mental health problems as a result of that service...”

VETERANS JUSTICE OUTREACH PROGRAM

VA San Diego Healthcare System San Diego Counseling Center 7410 Mission Valley Road San Diego, CA 92108	Dan Forsberg / 619.497.8917 Marti Rarick / 760.643.4476 Angela Simoneau / 619.497.8906 Joy Villavicencio / 619.497.8905	George Kennedy / 650.493.50000 x23163 Re-entry Specialist for No. CA Prisons 795Willow Road, Bldg 374/180D Menlow Park, CA 94025	Susann Adams / 562.826.8000 Re-entry Specialist for So. California Prisons 5901 East 7th Street Long Beach, CA 90882
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***Please note that the VA cannot accept collect calls